

Memorandum

From: Jeff Owens, WEIU General Manager

WEIU FM - Methods of Determining Issues

Date: 10/5/2026

WEIU FM determined the issues/program list for the 3rd quarter of 2026 by the following methods:

1. Analysis of local news reports from newspapers, television & radio.
2. Response to materials gathered by TV & FM news.
3. Feedback from community members via staff members participating in community service groups in the viewing area.
4. Discussion of issues with local and regional officials on a continuing basis.
5. Discussion with the Friends of WEIU/

Please advise if you have any further questions or require further information.

1. Children's Education

Program Title	Time	Date	Source	Length	Description
News	6:15am, 7:15am, 8:15am	7/2/2026	live	10 seconds	Eastern Illinois University and Charleston Community Unit School District #1 (CUSD1) are working together to provide temporary accommodations for Charleston Middle School following June 17's EF-2 tornado, which caused considerable structural damage to the middle school's campus.
News	6:45, 7:45am, 8:45am	7/2/2026	live	30 seconds	Eastern Illinois University and Charleston Community Unit School District #1 (CUSD1) are working together to provide temporary accommodations for Charleston Middle School following June 17's EF-2 tornado, which caused considerable structural damage to the middle school's campus. The agreement, which would begin August 1, provides Charleston Middle School provisional space at EIU's Coleman Hall.
News	6:15am, 7:15am, 8:15am	7/3/2026	live	10 seconds	Charleston CUSD1 online school registration begins today 7/06 for the 2026-27 school year.
News	6:45am, 7:45am, 8:45am	7/3/2026	live	30 seconds	Charleston CUSD1 online school registration begins today 7/06 for the 2026-27 school year.
News	6:15am, 7:15am, 8:15am	7/7/2026	live	10 seconds	The Finance Committee of the Lake Land College Board of Trustees will conduct a meeting on Thursday, July 9, 2026, in room 011 of the Board and Administration Center, Mattoon, beginning at 9:00 a.m.
News	6:15am, 7:15am, 8:15am	7/15/2026	live	10 seconds	President Jay Gatrell has named Dr. Holly Farley as Provost and Vice President for Academic Affairs at Eastern Illinois University for a three-year term, effective August 1st.
News	6:15am, 7:15am, 8:15am	7/15/2026	live	10 seconds	The National College Attainment Network (NCAN) released their Free Application for Federal Student Aid Tracker for the Class of 2026 with Illinois ranked second in the nation.
News	6:45am, 7:45am, 8:45am	7/15/2026	live	30 seconds	President Jay Gatrell has named Dr. Holly Farley as Provost and Vice President for Academic Affairs at Eastern Illinois University for a three-year term, effective August 1st. Over the past year as Interim Provost and Vice President for Academic Affairs, Dr. Farley has demonstrated a deep commitment to academic excellence, student success, and EIU's core mission.
News	6:15am, 7:15am, 8:15am	7/15/2026	live	30 seconds	The National College Attainment Network (NCAN) released their Free Application for Federal Student Aid Tracker for the Class of 2026. Illinois is now ranked second in the nation and first in the Midwest for completion of the FAFSA — the highest position and the highest rate (71.4%) ever for an Illinois high school graduating class.
News	6:15am, 7:15am, 8:15am	7/16/2026	live	10 seconds	Eastern Illinois University is welcoming hundreds of music educators, students and performers from across the country as the Smith Walbridge Clinics return to campus for another summer.
News	6:15am, 7:15am, 8:15am	7/17/2026	live	10 seconds	The Illinois Board of Higher Education, Illinois Community College Board, and the Illinois Department of Commerce and Economic Opportunity announced the release of the Illinois Workforce Pell application for short-term workforce programs.

News	6:45am, 7:45am, 8:45am	7/17/2026	live	30 seconds	Eastern Illinois University is welcoming hundreds of music educators, students and performers from across the country as the Smith Walbridge Clinics return to campus for another summer. Hosted annually at EIU, the Smith Walbridge Clinics have become one of the nation's premier educational experiences for high school and collegiate marching band, drum major, color guard and music educators.
News	6:45am, 7:45am, 8:45am	7/17/2026	live	30 seconds	The Illinois Board of Higher Education, Illinois Community College Board, and the Illinois Department of Commerce and Economic Opportunity announced the release of the Illinois Workforce Pell application for short-term workforce programs. Workforce Pell is a federal expansion of the Pell Grant program that, for the first time, allows eligible students to use Pell funding for short-term workforce training programs aligned with in-demand occupations.
News	6:15am, 7:15am, 8:15am	7/20/2026	live	10 seconds	The Lake Land Community College Trustee Election will be held April 6th as part of the 2027 consolidated election.
News	6:15am, 7:15am, 8:15am	7/21/2026	live	10 seconds	The Lake Land College community STEM night will be held on Wednesday, August 5 from 5-7 p.m.
News	6:45am, 7:45am, 8:45am	7/21/2026	live	30 seconds	The Lake Land College community STEM night will be held on Wednesday, August 5 from 5-7 p.m. The event will focus on video game development, with in-depth instruction and demonstration led by Lake Land College staff.
News	6:15am, 7:15am, 8:15am	7/23/2026	live	10 seconds	Eastern Illinois University has once again earned national recognition from Phi Theta Kappa as one of the nation's most transfer-friendly institutions highlighting the University's success in serving and supporting transfer students.
News	6:15am, 7:15am, 8:15am	7/23/2026	live	10 seconds	Lake Land College is pleased to announce that 567 students graduated following completion of the Spring 2026 semester.
News	6:45am, 7:45am, 8:45am	7/23/2026	live	30 seconds	Eastern Illinois University has once again earned national recognition from Phi Theta Kappa as one of the nation's most transfer-friendly institutions highlighting the University's success in serving and supporting transfer students. PTK noted that only 275 colleges and universities received this recognition in 2026.
News	6:15am, 7:15am, 8:15am	7/24/2026	live	10 seconds	Eastern Illinois University is strengthening its commitment to community engagement through its Community Service Leave program.
News	6:15am, 7:15am, 8:15am	7/24/2026	live	10 seconds	Eastern Illinois University's School of Business has earned reaffirmation of accreditation from the Association to Advance Collegiate Schools of Business International.
News	6:45am, 7:45am, 8:45am	7/24/2026	live	30 seconds	Eastern Illinois University is strengthening its commitment to community engagement through its Community Service Leave program. The initiative provides eligible employees with paid time to volunteer with nonprofit organizations and community agencies throughout the region.
News	6:45am, 7:45am, 8:45am	7/24/2026	live	30 seconds	Eastern Illinois University's School of Business has earned reaffirmation of accreditation from the Association to Advance Collegiate Schools of Business International. This will extend the accreditation of its business and accounting degree programs through 2031.
News	6:15am, 7:15am, 8:15am	7/27/2026	live	10 seconds	To help prepare children for the upcoming school year, Horizon Health will host its 12th annual "Back to School Bang" on Friday, August 7.
News	6:45am, 7:45am, 8:45am	7/27/2026	live	30 seconds	To help prepare children for the upcoming school year, Horizon Health will host its 12th annual "Back to School Bang" on Friday, August 7. This free, interactive health and wellness event will take place from 4:30 to 7:30 pm on the Horizon Health main campus in Paris.

News	6:45am, 7:45am, 8:45am	7/28/2026	live	30 seconds	Eastern Illinois University is strengthening its commitment to community engagement through its Community Service Leave program, which provides eligible employees with paid time to volunteer with nonprofit organizations and community agencies throughout the region.
News	6:15am, 7:15am, 8:15am	7/30/2026	live	10 seconds	Lake Land College will celebrate the start of the new school year by hosting Welcome Week, an event designed to help new and returning students settle into life at Lake Land and prepare for a successful year. \
News	6:45am, 7:45am, 8:45am	7/30/2026	live	30 seconds	Lake Land College will celebrate the start of the new school year by hosting Welcome Week, an event designed to help new and returning students settle in for a successful year.
News	6:45am, 7:45am, 8:45am	7/30/2026	live	30 seconds	Attorney General Kwame Raoul and a coalition of 15 attorneys general announced a U.S. District Court judge granted a temporary restraining order that blocks the U.S. Department of Education from terminating congressionally approved school-based mental health grants.
News	6:15am, 7:15am, 8:15am	7/31/2026	live	10 seconds	The Lake Land College community STEM night will be held on Wednesday, August 5 from 5-7 p.m.
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News	6:15am, 7:15am, 8:15am	8/3/2026	live	10 seconds	The Lake Land College community STEM night will be held on Wednesday, August 5 from 5-7 p.m.
News	6:15am, 7:15am, 8:15am	8/4/2026	live	10 seconds	The Charleston School Administration held a meeting last night for the Middle School parents about the temporary move of students to Coleman Hall on the EIU campus this fall.
News	6:15am, 7:15am, 8:15am	8/4/2026	live	10 seconds	Lake Land College celebrated the Summer 2026 Medical Assistant Program graduates at an annual pinning ceremony.
News	6:45am, 7:45am, 8:45am	8/4/2026	live	30 seconds	The Charleston School Administration held a meeting last night for the Middle School parents about the temporary move of students to Coleman Hall on the EIU campus this fall. The relocation was needed because of the damage to the middle school from a tornado in June.
News	6:45am, 7:45am, 8:45am	8/4/2026	live	30 seconds	Lake Land College celebrated the Summer 2026 Medical Assistant Program graduates at an annual pinning ceremony. During the ceremony, the Clinical Excellence Award was presented to Madisyn Crafton of Sullivan.
News	6:15am, 7:15am, 8:15am	8/5/2026	live	10 seconds	Eastern Illinois University is expanding the value of its Alumni Association membership by including access to the Academy of Lifelong Learning.
News	6:45am, 7:45am, 8:45am	8/5/2026	live	30 seconds	Eastern Illinois University is expanding the value of its Alumni Association membership by including access to the Academy of Lifelong Learning. Members will gain access to educational programs, special events, and one of the University's most distinctive opportunities for continued learning: the Academic Pass Program.

News	6:15am, 7:15am, 8:15am	8/5/2026	live	10 seconds	Regional Office of Education #11 Superintendent Kyle Thompson is reminding motorists, parents, and students that back-to-school season also marks the return of thousands of children traveling on school buses each day.
News	6:45am, 7:45am, 8:45am	8/5/2026	live	30 seconds	Regional Office of Education #11 Superintendent Kyle Thompson is reminding motorists, parents, and students that back-to-school season also marks the return of thousands of children traveling on school buses each day. With buses back on city streets, county roads and rural highways, Thompson said every driver has a responsibility to slow down, eliminate distractions and remain alert for children boarding and exiting school buses.
News	6:15am, 7:15am, 8:15am	8/6/2026	live	10 seconds	Graduating nurses received their pins at the Summer 2026 Lake Land College Practical Nursing pinning ceremony.
News	6:45am, 7:45am, 8:45am	8/6/2026	live	30 seconds	Graduating nurses received their pins at the Summer 2026 Lake Land College Practical Nursing pinning ceremony. During the ceremony, the Practical Nursing Peer Awards were presented to Brooklyn Roe of Sullivan, and Colton Moore of Mattoon, for their excellence in helping others and demonstrating professionalism in both classroom and clinical settings.
News	6:15am, 7:15am, 8:15am	8/11/2026	live	10 seconds	The Regional Office of Education #11 and Sarah Bush Lincoln are partnering to raise awareness and offer practical support to families.
News	6:15am, 7:15am, 8:15am	8/11/2026	live	10 seconds	Eastern Illinois University is expanding the value of its Alumni Association membership by including access to the Academy of Lifelong Learning.
News	6:15am, 7:15am, 8:15am	8/12/2026	live	10 seconds	The Charleston Middle school will start their first day of classes at Coleman Hall on the campus of Eastern Illinois University today.
News	6:45am, 7:45am, 8:45am	8/12/2026	live	30 seconds	The Charleston Middle school will start their first day of classes at Coleman Hall on the campus of Eastern Illinois University today. Please take extra caution while driving around EIU today. The move was necessary because of tornado damage at the middle school in late June.
News	6:15am, 7:15am, 8:15am	8/14/2026	live	10 seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Monday in room 124 of the Effingham Technology Center beginning at 6:00 p.m.
News	6:15am, 7:15am, 8:15am	8/17/2026	live	10 seconds	This week is EIU move-in, and the Charleston Fire Department want to share a couple of safety tips to help ensure you are ready for your new dorm or apartment including not leaving food unattended when you are cooking and set a timer and check on your food regularly.
News	6:15am, 7:15am, 8:15am	8/19/2026	live	10 seconds	Eastern Illinois University is proud to announce that Dr. Jeff Ashley, Professor and Undergraduate Advisor for Political Science, has been formally recognized by the Illinois State Senate of the 104th General Assembly for a quarter-century of dedicated service.
News	6:15am, 7:15am, 8:15am	8/19/2026	live	10 seconds	Eastern Illinois University students, employees and members of the public are invited to join the Coles County Historical Society at 4 p.m. Tuesday, August 25, for the unveiling of a historical marker honoring Major Charles B. Hall.
News	6:45am, 7:45am, 8:45am	8/19/2026	live	30 seconds	This week is EIU move-in, and the Charleston Fire Department want to share a couple of safety tips to help ensure you are ready for your new dorm or apartment. Don't leave the stove or appliances unattended when you are cooking and set a timer and check on your food regularly.
News	6:45am, 7:45am, 8:45am	8/19/2026	live	30 seconds	Eastern Illinois University is proud to announce that Dr. Jeff Ashley, Professor and Undergraduate Advisor for Political Science, has been formally recognized by the Illinois State Senate of the 104th General Assembly for a quarter-century of dedicated service. The Certificate of Recognition commends Dr. Ashley for 25 years of unwavering dedication to EIU students and the broader university community.

News	6:45am, 7:45am, 8:45am	8/19/2026	live	30 seconds	Eastern Illinois University students, employees and members of the public are invited to join the Coles County Historical Society at 4 p.m. Tuesday, August 25, for the unveiling of a historical marker honoring Major Charles B. Hall, a Tuskegee Airman and EIU alumnus who made history as the first African-American pilot to shoot down an enemy aircraft during World War II. The ceremony will take place at the corner of Fourth Street and Garfield Avenue on the EIU campus, just north of Coleman Hall.
News	6:15am, 7:15am, 8:15am	8/21/2026	live	10 seconds	Eastern Illinois University will have three dedicated Open House events designed to provide high school students, transfer students, and their families with an opportunity to explore EIU, learn about academic programs and connect with members of the campus community.
News	6:45am, 7:45am, 8:45am	8/21/2026	live	30 seconds	Eastern Illinois University will have three dedicated Open House events designed to provide high school students, transfer students, and their families with an opportunity to explore EIU, learn about academic programs and connect with members of the campus community. Fall Open Houses at Eastern Illinois University are scheduled for Saturday, September 12; Monday, October 12; and Friday, November 13. Prospective students can sign up for any of these events at eiu.edu/openhouse .
News	6:15am, 7:15am, 8:15am	8/26/2026	live	10 seconds	Lake Land College is hosting its annual Career Day event on Tuesday, October 6th.
News	6:15am, 7:15am, 8:15am	8/26/2026	live	10 seconds	Young Adults, ages 18-26, EIU, and LLC students are invited to drop by the Charleston Carnegie Public Library to create custom buttons to wear and share on Tuesday, September 1, from 4:00-5:00pm.
News	6:15am, 7:15am, 8:15am	8/26/2026	live	10 seconds	Lake Land College is hosting a career day for students from 25 area high school districts October 6th.
News	6:45am, 7:45am, 8:45am	8/26/2026	live	30 seconds	Eastern Illinois University will have three dedicated Open House events designed to provide high school students, transfer students, and their families with an opportunity to explore EIU, learn about academic programs and connect with members of the campus community.
News	6:45am, 7:45am, 8:45am	8/26/2026	live	30 seconds	Lake Land College is hosting a career day for students from 25 area high school districts October 6th. The day will have sessions where students can have in-depth presentations from professionals in fields including communication ... art ... welding ... criminal justice ... and more.
News	6:15am, 7:15am, 8:15am	9/1/2026	live	10 seconds	Eastern Illinois University is observing the 250 anniversary of the United States' founding with the exhibition Coles County Before 1860 at the Tarble Museum of Art.
News	6:45am, 7:45am, 8:45am	9/1/2026	live	30 seconds	Eastern Illinois University is observing the 250 anniversary of the United States' founding with the exhibition Coles County Before 1860. The exhibition is currently on view at the Tarble Museum of Art, and runs through October 31. It is a part of the Illinois 250 celebration]
News	6:15am, 7:15am, 8:15am	9/3/2026	live	10 seconds	The Illinois State Board of Education has announced they are giving 15 million dollars in Teacher Vacancy Grants for teacher recruitment ... retention ... and professional learning.
News	6:45am, 7:45am, 8:45am	9/3/2026	live	30 seconds	The Illinois State Board of Education has announced they are giving 15 million dollars in Teacher Vacancy Grants for teacher recruitment ... retention ... and professional learning. Several area districts are receiving grant money ... including Cerro Gordo ... Champaign ... Decatur ... Oblong ... Pana ... and Taylorville.

News	6:45am, 7:45am, 8:45am	9/7/2026	live	30 seconds	Eastern Illinois University will mark the 25th anniversary of September 11, 2001, with a campus flag display and a brief remembrance ceremony honoring those who lost their lives and those who responded with courage and service in the aftermath of the tragedy. Beginning at 4 p.m. Thursday, the Student Veterans of Eastern student organization, along with veteran faculty and staff supporters, will place approximately 300 American flags on the front lawn of the University.
News	6:15am, 7:15am, 8:15am	9/10/2026	live	10 seconds	The Student Veterans of Eastern organization will be placing 300 American flags in front of the university's Old Main building on Thursday to remember the victims of the 9/11 attack.
News	6:15am, 7:15am, 8:15am	9/10/2026	live	10 seconds	University of Illinois leaders say a record 61 thousand 60 students are enrolled at the Urbana-Champaign campus this fall.
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News	6:15am, 7:15am, 8:15am	9/11/2026	live	10 seconds	Eastern Illinois University's 10th-day enrollment numbers show 7,651 total students enrolled this semester compared 8,107 last year, a 456 decrease.
News	6:15am, 7:15am, 8:15am	9/11/2026	live	10 seconds	A new study by the finance company Wallet-Hub lists Lake Land College as the number one community college in the country for education outcomes.
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News	6:15am, 7:15am, 8:15am	9/23/2026	live	10 seconds	Eastern Illinois University's Doudna Fine Arts Center's will offer a variety of highly anticipated events in October.
News	6:15am, 7:15am, 8:15am	9/25/2026	live	10 seconds	Eastern Illinois University secured a spot on America's Best Colleges of 2026-2027 list, published by <i>TIME</i> and its partner <i>Statista</i> .
News	6:15am, 7:15am, 8:15am	9/25/2026	live	10 seconds	Lake Land College held its first-ever Founder's Day celebration yesterday, honoring the 60th anniversary since the College was established.
News	6:15am, 7:15am, 8:15am	9/25/2026	live	10 seconds	Charleston Carnegie Public Library's Story Time sessions is on Wednesdays at 10:30am in Rotary Room B through November 18th.
News	6:45am, 7:45am, 8:45am	9/25/2026	live	30 seconds	Eastern Illinois University secured a spot on America's Best Colleges of 2026-2027 list, published by <i>TIME</i> and its partner <i>Statista</i> .
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Issues/Attitudes	12n	8/17/2026	live	30 minutes	Interview with EIU President Dr. Jay Gatrell on numerous campus topics.
Issues/Attitudes	12n	9/14/2026	live	30 minutes	Interview with Birth to 5 managers Angie Hunt and Ann Oswalt on their programming, need for daycare in the area, and child education.
Issues/Attitudes	12n	9/21/2026	live	30 minutes	Interview with new EIU AD Mark Wilson, on his plans for EIU sports, his style of managing and status OVC and NCAA.

2. Minority Issues

[illegible]

3. Economic and Agriculture Climate

Program Title	Time	Date	Source	Length	Description
News	6:15am, 7:15am, 8:15am	7/1/2026	live	10 seconds	The Illinois Conservation Foundation is accepting nomination for the 2026 Illinois Outdoor Hall of Fame. Nominations must be submitted online by July 15.
News	6:45am, 7:45am, 8:45am	7/1/2026	live	30 seconds	The Illinois Conservation Foundation is accepting nomination for the 2026 Illinois Outdoor Hall of Fame. Nominations must be submitted online by July 15. Since 2002, the Illinois Outdoor Hall of Fame has recognized individuals whose dedication, leadership, and service have made a lasting impact on conservation and outdoor recreation across Illinois.
Climate Connections	12:50pm	7/1/2026	recorded	2 minutes	How a Maryland soccer complex became more climate resilient: Drought-resistant grass and drainage pipes ensure games can keep going even in times of drought or heavy rain
News	6:15am, 7:15am, 8:15am	7/2/2026	live	10 seconds	U.S. Secretary of Agriculture Brooke L. Rollins today announced the launch of the \$500 million Fertilizer Investment & Expansion for Long-Term Domestic Supply Program.
Climate Connections	12:50pm	7/2/2026	recorded	2 minutes	Initiative in North Carolina and Georgia helps residents lower their electricity bills: It helps people make their homes more energy efficient.
Climate Connections	12:50pm	7/3/2026	recorded	2 minutes	People are getting financial incentives to use less electricity during heat waves: Smart thermostats and connected devices are helping some utilities reduce strain on the grid.
USDA Ag Report	6:00am	7/4/2026	recorded	5 minutes	The nation's semiquincentennial this year provides opportunities to see how agricultural enterprise and innovation has grown in America.
Climate Connections	12:50pm	7/6/2026	recorded	2 minutes	Workers are more likely to be injured on very hot days: So the New York State Insurance Fund provides money for small businesses to buy fans, cooling vests, ventilated hard hats, and more for their employees.
News	6:15am, 7:15am, 8:15am	7/6/2026	live	10 seconds	According to GasBuddy.com, gas prices continue to drop and as of 7/06 are around \$3.70 average in the U.S.
News	6:45am, 7:45am, 8:45am	7/6/2026	live	30 seconds	According to GasBuddy.com, gas prices continue to drop and as of 7/06 are around \$3.70 average in the U.S.
Climate Connections	12:50pm	7/7/2026	recorded	2 minutes	In flood-prone areas on the Texas-Mexico border, predatory loans are a problem: And it's an increasing threat with climate change.
News	6:45am, 7:45am, 8:45am	7/7/2026	live	30 seconds	Average gasoline prices in Illinois have fallen 12.5 cents per gallon in the last week, averaging \$3.95/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 58.3 cents per gallon lower than a month ago and stand 56.7 cents per gallon higher than a year ago. The national average price of diesel has decreased 11.8 cents compared to a week ago and stands at \$4.758 per gallon.
Climate Connections	12:50pm	7/8/2026	recorded	2 minutes	The rising risk of landslides: Climate change is supercharging hurricanes, heavy downpours, and wildfires, all of which make landslides more likely.
News	6:45am, 7:45am, 8:45am	7/8/2026	live	30 seconds	The Illinois Housing Development Authority (IHDA) Board approved awards totaling \$37 million in federal Low-Income Housing Tax Credits (LIHTC) and an additional \$39 million in federal and state subordinate resources that will finance the creation and preservation of 22 affordable housing developments in 15 counties throughout Illinois. The LIHTC awards are expected to generate an estimated \$303 million in private capital to support the development of 969 affordable homes for low- to moderate-income families, seniors, and veterans.

Climate Connections	12:50pm	7/9/2026	recorded	2 minutes	Nonprofit encourages Latinos to get politically involved amid rising energy costs: Poder Latinx created a bilingual website to help people understand how policy decisions influence electricity bills
News	6:45am, 7:45am, 8:45am	7/9/2026	live	30 seconds	As the City of Charleston concludes the third week of disaster response and recovery efforts following the June 17 tornado, we want to extend our sincere appreciation to our residents, volunteers, local businesses, and partner agencies for their patience, resilience, and overwhelming support throughout this challenging time. The outpouring of assistance and the strong sense of community have been instrumental in helping Charleston move forward, and we are grateful for everyone who has played a part in the recovery effort. Due to the large amount of tree debris generated by the storm, this remains in progress. Our current goal is to ensure that every street receives at least one tree debris collection. Once that initial passes have been completed citywide, the City will announce a final deadline for residents to place any remaining tree debris at the boulevard before crews make one final collection on every street. At this time, no deadline has been established.
Climate Connections	12:50pm	7/10/2026	recorded	2 minutes	Boston's first public housing project gets a climatefriendly makeover: The redevelopment includes all-electric energy-efficient units, mature shade trees, and rain gardens.
USDA Ag Report	6:00am	7/11/2026	recorded	5 minutes	USDA's latest effort to address fertilizer production and cost challenges involves grants to expedite construction and operation of shovel ready, financially viable production facilities.
Climate Connections	12:50pm	7/13/2026	recorded	2 minutes	Indigenous Earth Fund distributes \$5 million to Indigenous-led projects: Edgar Villanueva says that Indigenous communities have solutions to environmental problems but struggle to access funding.
News	6:45am, 7:45am, 8:45am	7/13/2026	live	30 seconds	Average gasoline prices in Illinois have risen 9.2 cents per gallon in the last week, averaging \$4.05/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	7/14/2026	recorded	2 minutes	You can help scientists study walruses: A global science project is asking volunteers to search Arctic satellite images for the animals, which are threatened by climate change.
News	6:15am, 7:15am, 8:15am	7/14/2026	live	10 seconds	The National Weather Service predicts that more than 90 temperature records across the U.S. will be tied or broken this week through Wednesday with most being overnight heat records.
News	6:15am, 7:15am, 8:15am	7/14/2026	live	10 seconds	According to GasBuddy price reports, the national average price of gasoline has risen 10.3 cents per gallon in the last week, averaging \$3.82/g today.
Climate Connections	12:50pm	7/15/2026	recorded	2 minutes	Reflective paint can keep your home cooler: It reflects the sun's rays and emits absorbed heat, keeping the building cooler inside.
Climate Connections	12:50pm	7/16/2026	recorded	2 minutes	They were offered free flood protection. So why are so few homeowners saying yes? A government program elevates some Louisiana homes at no cost, but skepticism and unanswered questions are slowing participation.
Climate Connections	12:50pm	7/17/2026	recorded	2 minutes	Coeur d'Alene Tribe saves with solar-powered rec center: Rooftop solar panels cut costs by thousands of dollars a year.
USDA Ag Report	6:00am	7/18/2026	recorded	5 minutes	USDA recently announced a series of priorities for departmental research priorities - designed to meet needs for growers, sellers, and consumers.
Climate Connections	12:50pm	7/20/2026	recorded	2 minutes	Kids plant trees, change neighborhoods: The One Tree Per Child Program helps children in Pittsburgh plant trees around schools, parks, streets, playgrounds, and more.
News	6:15am, 7:15am, 8:15am	7/20/2026	live	10 seconds	Average gasoline prices in Illinois have risen 8.0 cents per gallon in the last week, averaging \$4.13/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	7/20/2026	live	30 seconds	Average gasoline prices in Illinois have risen 8.0 cents per gallon in the last week, averaging \$4.13/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 2.2 cents per gallon lower than a month ago and stand 73.2 cents per gallon higher than a year ago.

Climate Connections	12:50pm	7/21/2026	recorded	2 minutes	The hidden ocean world that helps regulate our climate: Strange jellyfish, glowing squid, and tiny plankton help move carbon out of the atmosphere and into the deep ocean.
News	6:15am, 7:15am, 8:15am	7/21/2026	live	10 seconds	The U.S. Economic Development Administration (EDA) announced that Illinois has secured approximately \$30 million in federal funding for The Bloch Quantum Tech Hub.
News	6:45am, 7:45am, 8:45am	7/21/2026	live	30 seconds	Illinois State Treasurer Michael Frerichs returned a record \$307.8 million in missing money to more than 567,000 residents, businesses and organizations through the I-CASH program during Fiscal Year 2026. I-CASH is one of Illinois' oldest consumer protection initiatives.
Climate Connections	12:50pm	7/22/2026	recorded	2 minutes	The coffee shop and barber shop that stay open when the power goes out: Solar panels and batteries allow two Salt Lake City businesses to serve as a community hub during outages.
Climate Connections	12:50pm	7/23/2026	recorded	2 minutes	Simple tweaks can make wastewater treatment less polluting: When mixed with oxygen, nitrogen in wastewater creates nitrous oxide, a powerful global warming gas. But there are ways to reduce the harm.
News	6:15am, 7:15am, 8:15am	7/23/2026	live	10 seconds	Illinois Environmental Protection Agency Director James Jennings announced \$5 million in funding through the Section 319 (h) Grant Program for projects addressing non-point source pollution.
Climate Connections	12:50pm	7/24/2026	recorded	2 minutes	An old Atlanta railway is becoming a cool escape: When complete, the Atlanta Beltline will form a 22-mile loop that links parks, housing, art, businesses, and public transit.
USDA Ag Report	6:00am	7/25/2026	recorded	5 minutes	The Agriculture Department's Radio Service has served the public for one hundred years as of 2026 - almost as old as the medium itself. Yet a special bond has been in place for that time between USDA Radio and broadcasters serving the ag sector.
Climate Connections	12:50pm	7/27/2026	recorded	2 minutes	People are mailing bloodthirsty ticks to a New York lab: The lab is testing thousands of ticks for the pathogens that cause Lyme disease, tick-borne encephalitis, babesiosis, and other dangerous infections.
News	6:15am, 7:15am, 8:15am	7/27/2026	live	10 seconds	Average gasoline prices in Illinois have risen 10.3 cents per gallon in the last week, averaging \$4.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	7/27/2026	live	30 seconds	Average gasoline prices in Illinois have risen 10.3 cents per gallon in the last week, averaging \$4.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 11.9 cents per gallon higher than a month ago and stand 88.3 cents per gallon higher than a year ago.
Climate Connections	12:50pm	7/28/2026	recorded	2 minutes	Menominee Nation elders are getting solar and battery systems: The installations help keep electricity flowing at this Wisconsin reservation even when a major storm knocks out grid power.
News	6:15am, 7:15am, 8:15am	7/28/2026	live	10 seconds	The Illinois Department of Agriculture announced the award recipients of the Local Food Infrastructure Grant Program, distributing nearly \$4 million in fiscal year 2026 funding to support the continued expansion of Illinois' local food system with Grissom Family Orchard and Farm Market in Greenup getting \$43,369.
Climate Connections	12:50pm	7/29/2026	recorded	2 minutes	Climate change causes the ocean's waters to expand: It's one of the reasons global sea levels are rising.
Climate Connections	12:50pm	7/30/2026	recorded	2 minutes	Flood mapping tool helps South Texas communities better understand flooding risks: The maps reveal which areas bear the greatest burden during extreme rain.
Climate Connections	12:50pm	7/31/2026	recorded	2 minutes	It's getting more dangerous for kids to play summer sports: As the climate warms, young athletes face growing risks of heat illness – especially in communities without air-conditioned practice spaces.
USDA Ag Report	6:00am	8/1/2026	recorded	5 minutes	Technological advances are behind improvements to the agricultural and food inspection process - improvements that translate into greater efficiencies, food safety, and food quality.

Climate Connections	12:50pm	8/3/2026	recorded	2 minutes	Boston homes were built to retain heat. That can be a problem in summer: Residences are retaining more heat as the city's summers heat up.
News	6:15am, 7:15am, 8:15am	8/3/2026	live	10 seconds	Average gasoline prices in Illinois have risen 9.3 cents per gallon in the last week, averaging \$4.32/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	8/3/2026	live	30 seconds	Average gasoline prices in Illinois have risen 9.3 cents per gallon in the last week, averaging \$4.32/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 33.4 cents per gallon higher than a month ago and stand 90.2 cents per gallon higher than a year ago.
Climate Connections	12:50pm	8/4/2026	recorded	2 minutes	Farmers learn how to grow crops with dramatically less water: As snowpacks shrink, the Dry Farming Institute in Oregon is teaching farmers how to get by with less irrigation.
Climate Connections	12:50pm	8/5/2026	recorded	2 minutes	9 million U.S. students lost school time for weather in the 2024-2025 school year: Extreme heat, smoke, floods, and storms are disrupting education across the country.
Climate Connections	12:50pm	8/6/2026	recorded	2 minutes	When the power goes out, homes can become heat traps: Austin, Texas, is helping low-income residents make energy efficiency upgrades, maintaining cooling centers, and urging people to check on neighbors.
Climate Connections	12:50pm	8/7/2026	recorded	2 minutes	Some San Antonio neighborhoods are getting cool makeovers: Reflective pavement and new trees are lowering the temperature in heat-stressed communities.
USDA Ag Report	6:00am	8/8/2026	recorded	5 minutes	One of perhaps the lesser known titles of the father of our country was farmer. Yet George Washington's passion for agriculture and extension was duly noted among colonialists in what would become the United States of America and several of the nation's founding fathers.
Climate Connections	12:50pm	8/10/2026	recorded	2 minutes	The link between Iowa corn and the dead zone in the Gulf: The Mississippi River carries fertilizer runoff from the Midwest to the Gulf – and increasingly extreme rain is making the problem more urgent.
News	6:15am, 7:15am, 8:15am	8/10/2026	live	10 seconds	Average gasoline prices in Illinois have fallen 11.7 cents per gallon in the last week, averaging \$4.20/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:15am, 7:15am, 8:15am	8/10/2026	live	10 seconds	The Illinois Department of Natural Resources reminds upland game hunters that applications are now being accepted for the 2026 free upland game hunting permit lottery and the controlled pheasant hunting program.
News	6:45am, 7:45am, 8:45am	8/10/2026	live	30 seconds	Average gasoline prices in Illinois have fallen 11.7 cents per gallon in the last week, averaging \$4.20/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 12.6 cents per gallon higher than a month ago and stand 85.3 cents per gallon higher than a year ago.
News	6:45am, 7:45am, 8:45am	8/10/2026	live	30 seconds	The Illinois Department of Natural Resources reminds upland game hunters that applications are now being accepted for the 2026 free upland game hunting permit lottery and the controlled pheasant hunting program. These programs provide opportunities to hunt at select state sites across Illinois this fall.
Climate Connections	12:50pm	8/11/2026	recorded	2 minutes	Many Americans face an impossible choice during heat waves: For low-income families, staying cool can mean sacrificing food or other essentials.
Climate Connections	12:50pm	8/12/2026	recorded	2 minutes	How an Atlanta ordinance could help the city cool off: It requires new construction and major renovations to use reflective roofs that can cool neighborhoods by as much as six degrees.
Climate Connections	12:50pm	8/13/2026	recorded	2 minutes	Why heat waves can hit residents of cooler states especially hard: People often aren't acclimated or equipped for extreme temperatures.
News	6:15am, 7:15am, 8:15am	8/13/2026	live	10 seconds	Illinois Environmental Protection Agency will bring a new and kid-friendly exhibit to the 2026 Illinois State Fair, "Water Pollution? We Have a Solution!"

News	6:15am, 7:15am, 8:15am	8/13/2026	live	10 seconds	The national average price of gasoline has fallen 10.7 cents per gallon in the last week, averaging \$3.94/g, according to Gas Buddy.
News	6:15am, 7:15am, 8:15am	8/13/2026	live	30 seconds	Illinois Environmental Protection Agency will bring a new and kid-friendly exhibit to the 2026 Illinois State Fair, "Water Pollution? We Have a Solution!" The exhibit, located in Conservation World, will offer interactive, educational games for young visitors, and guidance on water quality and drinking water for adults.
Climate Connections	12:50pm	8/14/2026	recorded	2 minutes	Seattle wasn't built for this much heat: Homes designed to hold warmth are becoming dangerous during heat waves.
USDA Ag Report	6:00am	8/15/2026	recorded	5 minutes	A recent raccoon viral sensation may have us thinking this critter is cute and cuddly. But this adaptable mammal can be a source of damages or even diseases if control measures are not in place.
Climate Connections	12:50pm	8/17/2026	recorded	2 minutes	Utah group aims to make climate-friendly homes the norm: Utah Clean Energy wants to make sure new homes are powered by renewable energy
News	6:15am, 7:15am, 8:15am	8/17/2026	live	10 seconds	Average gasoline prices in Illinois have risen 7.5 cents per gallon in the last week, averaging \$4.28/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	8/17/2026	live	30 seconds	Average gasoline prices in Illinois have risen 7.5 cents per gallon in the last week, averaging \$4.28/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 12.8 cents per gallon higher than a month ago and stand 89.7 cents per gallon higher than a year ago.
Climate Connections	12:50pm	8/18/2026	recorded	2 minutes	Philadelphia neighborhood may finally get some flood relief: As climate change makes flooding worse, the city has proposed building a levee, improving stormwater drainage, creating a wetland park, and offering buyouts for the most vulnerable homes.
Climate Connections	12:50pm	8/19/2026	recorded	2 minutes	Phoenix tree planting program grows jobs: Unlimited Potential, a nonprofit in Phoenix, plants trees in vulnerable neighborhoods and helps run a paid workforce development program.
News	6:15am, 7:15am, 8:15am	8/19/2026	live	10 seconds	Illinois Environmental Protection Agency Director James Jennings announced \$766,600 in funding through the Public Buildings Energy Efficiency Program.
News	6:45am, 7:45am, 8:45am	8/19/2026	live	30 seconds	Illinois Environmental Protection Agency Director James Jennings announced \$766,600 in funding through the Public Buildings Energy Efficiency Program. This will be for projects that include energy efficiency upgrades identified in an energy efficiency assessment or audit conducted within the last five years.
Climate Connections	12:50pm	8/20/2026	recorded	2 minutes	New 'living seawall' habitat in Boston is already teeming with life: The nonprofit Boston Harbor Now added concrete panels to seawalls that mimic rocky tidal habitats.
Climate Connections	12:50pm	8/21/2026	recorded	2 minutes	How does climate change affect tornadoes? Scientists are trying to figure it out.
USDA Ag Report	6:00am	8/22/2026	recorded	5 minutes	The Agriculture Department's Radio Service has served the public for one hundred years as of 2026 - almost as old as the medium itself. And over its century, USDA Radio has provided information about farming, ranching, and the Department in a variety of ways and formats.
Climate Connections	12:50pm	8/24/2026	recorded	2 minutes	Cities shouldn't wait for an extreme weather wake-up call, researcher says: Instead, they need to prepare now for events worse than anything in the historical record.
News	6:15am, 7:15am, 8:15am	8/24/2026	live	10 seconds	Average gasoline prices in Illinois have risen 7.6 cents per gallon in the last week, averaging \$4.36/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	8/25/2026	recorded	2 minutes	Proper maintenance can help trees withstand hurricanes: Planting the right tree species in the right spots is also important.
Climate Connections	12:50pm	8/26/2026	recorded	2 minutes	Cover crops help make soils healthy: Growing crops like rye and clover between harvests gives the soil better defenses against extreme weather.

Climate Connections	12:50pm	8/27/2026	recorded	2 minutes	Oceans have gotten about 34% more acidic since before the Industrial Revolution: Ocean acidification makes it harder for corals to grow and for oysters and clams to create shells.
Climate Connections	12:50pm	8/28/2026	recorded	2 minutes	Meet an educator-turned-climate advocate: Jonathan Klein began pushing for climate action in schools after attending a protest with his daughter
USDA Ag Report	6:00am	8/29/2026	recorded	5 minutes	Feral swine populations continue to increase as have USDA efforts to control and eradicate this pest. A pilot program now in its latest round of funding is among the tools available to states with extensive feral swine populations to combat this threat.
Climate Connections	12:50pm	8/31/2026	recorded	2 minutes	Young athletes face growing risks from extreme heat: An expert says schools can protect players by adjusting practices, training coaches, and encouraging athletes to speak up about symptoms.
News	6:15am, 7:15am, 8:15am	8/31/2026	live	10 seconds	Average gasoline prices in Illinois have fallen 12.4 cents per gallon in the last week, averaging \$4.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	8/31/2026	live	30 seconds	Average gasoline prices in Illinois have fallen 12.4 cents per gallon in the last week, averaging \$4.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 11.8 cents per gallon lower than a month ago and stand 73.0 cents per gallon higher than a year ago.
Climate Connections	12:50pm	9/1/2026	recorded	2 minutes	Incarcerated people swelter in scorching Texas prisons: More than half of people incarcerated in the state's prisons sleep in areas without air conditioning.
News	6:15am, 7:15am, 8:15am	9/1/2026	live	10 seconds	GasBuddy released its annual Labor Day gas price forecast, predicting that average gas prices on the last summer holiday weekend of 2026 will be \$4.03 per gallon.
News	6:45am, 7:45am, 8:45am	9/1/2026	live	30 seconds	GasBuddy released its annual Labor Day gas price forecast, predicting that average gas prices on the last summer holiday weekend of 2026 will be \$4.03 per gallon. That is 87 cents higher than in 2025, and the highest Labor Day price at the pump on record in nominal terms, surpassing the previous record of \$3.83/gal in 2012.
Climate Connections	12:50pm	9/2/2026	recorded	2 minutes	A pro soccer star's struggle highlights youth sports risks: Young people often lack the medical resources available to professional athletes when heat and smoke create hazardous conditions.
Climate Connections	12:50pm	9/3/2026	recorded	2 minutes	Churches could become cooling centers during heat waves: A Duke University program is training rural faith leaders to educate residents and provide relief during heat waves.
Climate Connections	12:50pm	9/4/2026	recorded	2 minutes	Hot weather linked to workplace injuries, even indoors: Researchers found that the risk grows when the heat index exceeds 85 degrees Fahrenheit and increases sharply at higher temperatures
USDA Ag Report	6:00am	9/5/2026	recorded	5 minutes	Federal efforts to improve our nation's health and nutrition continue to apply at the school level, with a recent joint announcement of a new initiative designed to increase school access to locally grown foods and infrastructure and methods to prepare nutritious meals.
Climate Connections	12:50pm	9/7/2026	recorded	2 minutes	After a flood, some manufactured home residents sometimes have nowhere safe to rebuild: Zoning restrictions can prevent new manufactured home parks from opening in safer locations, forcing disaster survivors to return to flood-prone areas.
News	6:15am, 7:15am, 8:15am	9/7/2026	live	10 seconds	Average gasoline prices in Illinois have fallen 2.4 cents per gallon in the last week, averaging \$4.24/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	9/7/2026	live	30 seconds	Average gasoline prices in Illinois have fallen 2.4 cents per gallon in the last week, averaging \$4.24/g today, according to GasBuddy's survey of 4,378 stations in Illinois. Prices in Illinois are 2.0 cents per gallon higher than a month ago and stand 79.9 cents per gallon higher than a year ago.

Climate Connections	12:50pm	9/8/2026	recorded	2 minutes	This city's winters are disappearing fast: Reno's fall freeze is arriving over a month later than in the past – the biggest shift in the nation.
Climate Connections	12:50pm	9/9/2026	recorded	2 minutes	Students build EV chargers, gain skills for green jobs: A Sacramento project offered young people from underserved communities hands-on experience with electric vehicle technology.
Climate Connections	12:50pm	9/10/2026	recorded	2 minutes	Art installation makes it easier to visualize sea level rise: A stone bench and pillar on Bainbridge Island in Washington State show how sea levels could change over the coming decades.
News	6:15am, 7:15am, 8:15am	9/10/2026	live	10 seconds	Organizations around the state are receiving grant money to help create more access to locally-grown food.
News	6:45am, 7:45am, 8:45am	9/10/2026	live	30 seconds	Organizations around the state are receiving grant money to help create more access to locally-grown food.
Climate Connections	12:50pm	9/11/2026	recorded	2 minutes	Kids can help after a disaster: Getting children involved in disaster recovery in age-appropriate ways can help them process their experience.
USDA Ag Report	6:00am	9/12/2026	recorded	5 minutes	Most consumers may not realize that real Christmas tree adorning their homes, offices, and other locations during the holiday season was a labor of year-round passion by a Christmas Tree grower.
Climate Connections	12:50pm	9/14/2026	recorded	2 minutes	Some coastal towns in North Carolina now flood up to 100 days a year: Sea level rise worsens flooding, cutting people off from work, school, and services.
Climate Connections	12:50pm	9/15/2026	recorded	2 minutes	One dollar spent preparing for disasters can save six: The reinstated federal BRIC program funds projects that make communities more resilient before fires, floods, and hurricanes strike
Climate Connections	12:50pm	9/16/2026	recorded	2 minutes	This Texas county is mapping climate risks – and the people most exposed: The tool connects climate hazards with health and financial burdens to help communities prepare.
Climate Connections	12:50pm	9/17/2026	recorded	2 minutes	'Oyster castles' to help keep a South Carolina community safe from erosion: A nearly 2,000-foot-long wall covered in oysters will restore natural habitat.
Climate Connections	12:50pm	9/18/2026	recorded	2 minutes	For many Pittsburgh residents, wet basements pose health risks: Chronic moisture can create ideal conditions for mold that can trigger asthma attacks, allergies, and rashes.
USDA Ag Report	6:00am	9/19/2026	recorded	5 minutes	The recent reestablishment of Mexican live cattle imports at an Arizona port of entry came as a result of various New World Screwworm protection protocols placed in the path of livestock entering our nation.
Climate Connections	12:50pm	9/21/2026	recorded	2 minutes	New analysis could help Washington, D.C., better prepare for floods: Maps that account for rainfall and overwhelmed storm drains show greater risks than traditional flood plain maps
News	6:15am, 7:15am, 8:15am	9/21/2026	live	10 seconds	Average gasoline prices in Illinois have risen 41.0 cents per gallon in the last week, averaging \$4.88/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	9/21/2026	live	30 seconds	Average gasoline prices in Illinois have risen 41.0 cents per gallon in the last week, averaging \$4.88/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	9/22/2026	recorded	2 minutes	Hurricane Helene changed one survivor's approach to preparedness: After seeing blocked roads and power outages leave people without food and water, she decided to create a YouTube series to help others get ready.
Climate Connections	12:50pm	9/23/2026	recorded	2 minutes	Climate change is boosting landslide risks in southern Appalachia: More extreme storms could increase the threat in mountainous areas where steep slopes already create hazards

Climate Connections	12:50pm	9/24/2026	recorded	2 minutes	Even in disaster zones, many prisons and jails lack evacuation procedures: Incarcerated people have experienced flooded cells, a loss of running water, and power outages.
Climate Connections	12:50pm	9/25/2026	recorded	2 minutes	Helene survivors face lasting risks of PTSD and depression: A researcher found mental health problems were more common among people who experienced severe flooding and financial or housing stressors.
USDA Ag Report	6:00am	9/26/2026	recorded	5 minutes	Autumn notes the change of tree leaves from green to a variety of yellows, reds, and oranges - and a popular fall time tourist opportunity - yet how does this natural occurrence take place, and how much does weather in previous seasons play a role in how fall leaves appear?
Climate Connections	12:50pm	9/28/2026	recorded	2 minutes	Museums can get people talking about climate change: At the Chicago Museum of Science and Industry, visitors learn about clean energy and glacier melt.
News	6:15am, 7:15am, 8:15am	9/28/2026	live	10 seconds	Average gasoline prices in Illinois have fallen 13.0 cents per gallon in the last week, averaging \$4.75/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am, 7:45am, 8:45am	9/28/2026	live	30 seconds	Average gasoline prices in Illinois have fallen 13.0 cents per gallon in the last week, averaging \$4.75/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	9/29/2026	recorded	2 minutes	How a Washington State farm dramatically slashed its irrigation needs: The approach could help farmers adapt to droughts.
Climate Connections	12:50pm	9/30/2026	recorded	2 minutes	Proposed bill would mandate alpha-gal labeling on food and drug packaging: Lone star tick bites can cause alpha-gal syndrome, which involves an allergic reaction to red meat and other animal products.
News	6:45am, 7:45am, 8:45am	7/3/2036	live	30 seconds	According to GasBuddy.com, gas prices continue to drop and as of 7/06 are around \$3.70 average in the U.S.
News	6:15am, 7:15am, 8:15am	7/3/3036	live	10 seconds	According to GasBuddy.com, gas prices continue to drop and as of 7/06 are around \$3.70 average in the U.S.
News	6:45am, 7:45am, 8:45am	728/2026	live	30 seconds	The Illinois Department of Agriculture announced the award recipients of the Local Food Infrastructure Grant Program, distributing nearly \$4 million in fiscal year 2026 funding to support the continued expansion of Illinois' local food system. Grissom Family Orchard and Farm Market in Greenup will get \$43,369.
Issues/Attitudes	12n	7/27/2026	live	30 minutes	Tyler Yoder manager of Emerald Acres discussing economic impact of EA, expansion, and more.
Issues/Attitudes	12n	8/10/2026	live	30 minutes	Interview with Lincoln Log Cabin Site Manager, Matt Mittelstaedt on 2026 schedule, events and tourism.
Issues/Attitudes	12n	8/31/2026	live	30 minutes	Our studio guest was Joe Dively, Chairman of the board and First Mid Bank & Tust. Topics included financial advice, expansion, EIU and business stories.

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5. Government

Program Title	Time	Date	Source	Length	Description
News	6:15am, 7:15 am, 8:15am	7/1/2026	live	10 seconds	Governor JB Pritzker issued a state disaster proclamation for several counties including Coles and Effingham, following months of severe weather and flooding that caused widespread damage across Illinois.
News	6:15am, 7:15 am, 8:15am	7/1/2026	live	10 seconds	The U.S. Army Corps of Engineers is gearing up for the 4th of July at Lake Shelbyville. Fireworks will be launched on Saturday at dusk from Ramp Point, located in Dam West Recreation Area.
News	6:15am, 7:15 am, 8:15am	7/1/2026	live	10 seconds	The Illinois Department of Transportation, the Illinois State Police and local law enforcement throughout the state are reminding the public: Whether you're drinking alcohol, using cannabis or under the influence of other drugs, if you get behind the wheel, you'll face the consequences.
News	6:45am, 7:45am, 8:45am	7/1/2026	live	30 seconds	Governor JB Pritzker issued a state disaster proclamation for several counties including Coles and Effingham, following months of severe weather and flooding that caused widespread damage across Illinois. Illinois has led the nation in tornadoes this year, with approximately 173 tornadoes verified by the National Weather Service.
News	6:45am, 7:45am, 8:45am	7/1/2026	live	30 seconds	The U.S. Army Corps of Engineers is gearing up for the 4th of July at Lake Shelbyville. Fireworks will be launched on Saturday at dusk from Ramp Point, located in Dam West Recreation Area. At 8 P.M., the Dam Road will be closed to traffic for the fireworks from the 9th street intersection to Dam East.
News	6:45am, 7:45am, 8:45am	7/1/2026	live	30 seconds	The Illinois Department of Transportation, the Illinois State Police and local law enforcement throughout the state are reminding the public: Whether you're drinking alcohol, using cannabis or under the influence of other drugs, if you get behind the wheel, you'll face the consequences. During the Fourth of July "Drive Sober or Get Pulled Over" campaign, zero tolerance will be shown for those driving impaired.
News	6:15am, 7:15 am, 8:15am	7/2/2026	live	10 seconds	To ensure repairs from the recent tornado are completed safely and consistently, all work within the corporate limits of the City of Charleston must comply with the City's adopted codes and ordinances, as well as manufacturer installation requirements, whichever is more stringent.
News	6:15am, 7:15 am, 8:15am	7/2/2026	live	10 seconds	The Charleston DMV is officially open to the public at the Charleston Carnegie Public Library. Their hours are 7:30am to 5pm Monday through Friday.
News	6:45am, 7:45am, 8:45am	7/2/2026	live	30 seconds	As recovery from the recent tornado continues, the City of Charleston appreciates the efforts of contractors helping our community rebuild. To ensure repairs are completed safely and consistently, all work within the corporate limits of the City must comply with the City's adopted codes and ordinances, as well as manufacturer installation requirements, whichever is more stringent.
News	6:45am, 7:45am, 8:45am	7/2/2026	live	30 seconds	The Charleston DMV is officially open to the public at the Charleston Carnegie Public Library. Their hours are 7:30am to 5pm Monday through Friday. They plan to continue operations at the library until repairs are complete at the main facility. They are offering all standard services.
News	6:15am, 7:15 am, 8:15am	7/7/2026	live	10 seconds	Champaign County Sheriff's Office is joining more than 200 local law enforcement agencies and the Illinois State Police to step up traffic safety efforts. Throughout the month of July, motorists can expect increased patrols looking for speeding, as well as other traffic violations.
News	6:15am, 7:15 am, 8:15am	7/7/2026	live	10 seconds	To make street repairs, the City of Champaign will be closing two lanes of Kirby Avenue at State Street. The work will begin on Wednesday, July 8, 2026, with the lane closures expected to last three days, weather permitting. One lane in each direction will remain open.
News	6:45am, 7:45am, 8:45am	7/8/2026	live	30 seconds	Illinois Governor JB Pritzker has signed a measure allowing residents of assisted living and shared housing establishments to exercise the right to use electronic monitoring, meant to enhance transparency and resident safety. A similar law allowing cameras in residents' rooms in nursing homes has existed in Illinois since 2016. Under current state law, any nursing home resident is allowed to install an electronic monitoring device in their room at their own expense as long as the roommate consents to having the device in the room. Consent can be revoked at any time.
News	6:45am, 7:45am, 8:45am	7/8/2026	live	30 seconds	The Illinois Department of Transportation on Tuesday opened a call for locations for a special round of funding available through the Illinois National Electric Vehicle Infrastructure Program. Approximately \$30 million is available through the program's fourth round of funding availability. Applications must be received by July 20. All application materials can be found on the IDOT website. Locations may be anywhere in Illinois and may be designed to serve passenger vehicles as well as medium- and heavy-duty vehicles. Selected locations will be announced by the end of August.

News	6:45am, 7:45am, 8:45am	7/9/2026	live	30 seconds	The Illinois Department of Human Services (IDHS) announced Wednesday that Illinois has surpassed 1,000 certified peer professionals, with 1,010 individuals now credentialed as Certified Recovery Support Specialists (CRSS) and/or Certified Peer Recovery Specialists (CPRS). The milestone reflects the State's continued investment in peer recovery support services and behavioral health workforce development and represents a 335% increase in the certified peer workforce since 2022.
News	6:45am, 7:45am, 8:45am	7/9/2026	live	30 seconds	The Illinois Department of Transportation announced Wednesday that applications are being accepted for new partners to administer the popular Cycle Rider Safety Training Program. Recent changes in state law have expanded the pool of eligible providers that can offer the training supported through Illinois motorcycle registration license endorsement fees.
News	6:15am, 7:15 am, 8:15am	7/14/2026	live	10 secods	Governor JB Pritzker signed three bills into law that will fortify recruitment to the Illinois National Guard with newly incentivized peer-to-peer referral practices, as well as connect our state's veterans to continued education pathways and life-saving breakthrough therapies for suicide prevention .
News	6:15am, 7:15 am, 8:15am	7/21/2026	live	10 seconds	Illinois State Treasurer Michael Frerichs returned a record \$307.8 million in missing money to more than 567,000 residents, businesses and organizations through the I-CASH program during Fiscal Year 2026 .
News	6:15am, 7:15 am, 8:15am	7/23/2026	live	10 seconds	In a highly competitive process, forty-one public policy leaders from across Illinois have been selected for the 2026 class of the Edgar Fellows Program including Jason Warfel, of Newton, the Chair of Jasper County Board .
News	6:45am, 7:45am, 8:45am	7/23/2026	live	30 seconds	In a highly competitive process, forty-one public policy leaders from across Illinois have been selected for the 2026 class of the Edgar Fellows Program including Jason Warfel, of Newton, the Chair of Jasper County Board. The group will gather at their Executive Leadership Training Program held August 2 through 6 at the I-Hotel and Conference Center on the University of Illinois (U of I) campus in Urbana-Champaign .
News	6:15am, 7:15 am, 8:15am	7/24/2026	live	10 seconds	Capitol News Illinois reports election officials say the state's voter registration system is secure and that safeguards are in place to prevent noncitizens from inadvertently becoming registered to vote.
News	6:15am, 7:15 am, 8:15am	7/28/2026	live	10 seconds	The Illinois Department of Veterans Affairs announced nearly \$1 million in grants to support organizations providing vital services to veterans and their families across Illinois for the first quarter of FY27 including \$100,000 for Embarras River Basin Agency, Inc. in Greenup .
News	6:45am, 7:45am, 8:45am	728/2026	live	30 seconds	The Illinois Department of Veterans Affairs announced nearly \$1 million in grants to support organizations providing vital services to veterans and their families across Illinois for the first quarter of FY27. Embarras River Basin Agency, Inc. in Greenup received \$100,000 to provide emergency home repairs and housing stabilization services for low-income veterans in its Southeastern Illinois rural service area.
News	6:15am, 7:15 am, 8:15am	7/29/2026	live	10 seconds	Governor JB Pritzker signed into law SB 2427, instituting a statewide cell phone and personal device framework to create distraction-free classrooms. \
News	6:45am, 7:45am, 8:45am	7/29/2026	live	30 seconds	Governor JB Pritzker signed into law SB 2427, instituting a statewide cell phone and personal device framework to create distraction-free classrooms. The law requires school districts to develop and implement a "bell-to-bell" policy, restricting access to cell phones between the hours of the first arrival bell to the final dismissal bell.
News	6:15am, 7:15 am, 8:15am	8/3/2026	live	10 seconds	Capitol News Illinois reports that the Families Receiving Emergency Support for Hunger, or FRESH, program kicked off August 1st after state lawmakers appropriated \$70 million in the fiscal year 2027 budget to establish a state food assistance program .
News	6:45am, 7:45am, 8:45am	8/3/2026	live	30 seconds	Capitol News Illinois reports that the Families Receiving Emergency Support for Hunger, or FRESH, program kicked off August 1st after state lawmakers appropriated \$70 million in the fiscal year 2027 budget to establish a state food assistance program. The initiative allows households that lost their SNAP benefits earlier this year to receive a \$400 one-time payment .
News	6:15am, 7:15 am, 8:15am	8/4/2026	live	10 seconds	Governor JB Pritzker joined community leaders and lawmakers to encourage Illinoisans to participate in the Back-to-School State Tax Holiday, which waives the state sales tax on back-to-school necessities from August 7 through August 16.
News	6:45am, 7:45am, 8:45am	8/4/2026	live	30 seconds	Governor JB Pritzker joined community leaders and lawmakers to encourage Illinoisans to participate in the Back-to-School State Tax Holiday, which waives the state sales tax on back-to-school necessities from August 7 through August 16. This 10-day period is expected to provide an estimated \$10 million in savings to online and in-store consumers on essential back-to-school items.
News	6:15am, 7:15 am, 8:15am	8/5/2026	live	10 seconds	Capitol News Illinois reports Governor JB Pritzker signed legislation Tuesday that will give the Illinois Department of Insurance authority to review and approve rate changes for homeowners and automobile policies.

News	6:45am, 7:45am, 8:45am	8/6/2026	live	30 seconds	The City of Champaign is proud to announce that Mayor Deborah Frank Feinen has been selected as the recipient of the 2026 Paul Simon-Jim Edgar Statesmanship Award. This a prestigious honor recognizing her commitment to public service, collaborative leadership, and dedication to improving the quality of life for Champaign residents.
News	6:15am, 7:15 am, 8:15am	8/7/2026	live	10 seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity announced Regional Site Readiness Program awards totaling \$35 million to support site readiness activities at 22 sites across Illinois.
News	6:15am, 7:15 am, 8:15am	8/7/2026	live	10 seconds	Capitol News Illinois reports House Speaker Emanuel "Chris" Welch is forming a working group to address workplace culture in the House amid criticism for his office's handling of sexual harrassment allegations against ex-Representative Harry Benton.
News	6:45am, 7:45am, 8:45am	8/7/2026	live	30 seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity announced Regional Site Readiness Program awards totaling \$35 million to support site readiness activities at 22 sites across Illinois. To date, the State has awarded \$115 million to support 63 projects across Illinois in their site preparedness efforts.
News	6:15am, 7:15 am, 8:15am	8/10/2026	live	10 seconds	Governor JB Pritzker signed into law a landmark package of reforms strengthening patient protections by establishing for licensed health care professionals, hospitals, and hospital affiliates a duty to report accusations of inappropriate sexual conduct and unjustified intimate conduct to State regulators.
News	6:45am, 7:45am, 8:45am	8/12/2026	live	30 seconds	Capitol News Illinois reports Illinois farmers heard pitches from incumbent Governor JB Pritzker and downstate Republican farmer Darren Bailey on Monday as each argued they're best positioned to address agricultural issues. Both candidates spoke to farmers each for nearly an hour and did not cross paths.
News	6:15am, 7:15 am, 8:15am	8/13/2026	live	10 seconds	Governor JB Pritzker and Illinois State Fair officials unveiled the 2026 Butler Cow in the Dairy Building yesterday.
News	6:15am, 7:15 am, 8:15am	8/21/2026	live	10 seconds	Governor JB Pritzker and the Illinois Department of Revenue announced disaster tax relief for individuals and businesses in 15 counties affected by widespread damage from torrential downpours, flash flooding, straight-line winds and several tornadoes.
News	6:15am, 7:15 am, 8:15am	8/21/2026	live	10 seconds	The Illinois Department of Employment Security announced today that the unemployment rate was 4.9 percent in July, down -0.2 percentage point from June, and up +0.6 percentage point from the same month, one year ago, based on data provided by the U.S. Bureau of Labor Statistics.
News	6:15am, 7:15 am, 8:15am	8/27/2026	live	10 seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity announced the State of Illinois has been approved to receive \$1.04 billion in funding through the Broadband Equity, Access, and Deployment Program to support high-speed internet access statewide.
News	6:45am, 7:45am, 8:45am	8/27/2026	live	30 seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity announced the State of Illinois has been approved to receive \$1.04 billion in funding through the Broadband Equity, Access, and Deployment Program to support high-speed internet access statewide. The funding will connect approximately 350,000 residents through homes, businesses, and community institutions across Illinois by 2031.
News	6:15am, 7:15 am, 8:15am	8/28/2026	live	10 seconds	A new law aims to tighten restrictions on E-Bikes and scooters in Illinois that requires users have a drivers license ... insurance ... title and registration for e-bikes that travel faster than 28 miles an hour.
News	6:45am, 7:45am, 8:45am	8/28/2026	live	30 seconds	A new law aims to tighten restrictions on E-Bikes and scooters in Illinois. It requires users have a drivers license ... insurance ... title and registration for e-bikes that travel faster than 28 miles an hour. It also sets age limits for lower-speed bikes and scooters ... 15 years of age for bikes that travel up to 20 miles an hour ... and 16 for those that go up to 28 miles an hour.
News	6:15am, 7:15 am, 8:15am	9/1/2026	live	10 seconds	Governor J-B Pritkzer is calling for more federal action to ease the cost of fertilizer for farmers.
News	6:45am, 7:45am, 8:45am	9/1/2026	live	30 seconds	Governor J-B Pritkzer is calling for more federal action to ease the cost of fertilizer for farmers. The governor pointed to analysis by University of Illinois economists ... that showed the price of anhydrous ammonia climbed 36 percent from last September ... to 11 hundred 23 dollars a ton in April.
News	6:15am, 7:15 am, 8:15am	9/2/2026	live	10 seconds	According to a Gas Buddy report ... the national average price is expected to be 4 dollars and 3 cents per gallon ... that's 87 cents higher than last year.
News	6:45am, 7:45am, 8:45am	9/2/2026	live	30 seconds	According to a Gas Buddy report ... the national average price is expected to be 4 dollars and 3 cents per gallon ... that's 87 cents higher than last year. As for Illinois, according to AAA, gas prices are averaged at 4.29 per gallon ... and here in Charleston the average is at 4.13.
News	6:15am, 7:15 am, 8:15am	9/7/2026	live	10 seconds	Local Police and Sheriff's departments are increasing focus on impaired driving as well as reinforcing the importance of seat belt use and following speed limits.
News	6:15am, 7:15 am, 8:15am	9/8/2026	live	10 seconds	The Illinois Department of Labor 2026 Labor Day Report details their enforcement, education and outreach efforts, including nearly \$3.9 million collected in back wages for workers and more than 3,300 individual wage payments issued.

News	6:15am, 7:15 am, 8:15am	9/8/2026	live	10 seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity announced \$11.4 million in funding for 23 organizations across Illinois as part of the Job Training and Economic Development Program
News	6:45am, 7:45am, 8:45am	9/8/2026	live	30 seconds	The Illinois Department of Labor 2026 Labor Day Report details their enforcement, education and outreach efforts, including nearly \$3.9 million collected in back wages for workers and more than 3,300 individual wage payments issued. IDOL also collected more than \$1.4 million in penalties from employers found to have violated Illinois labor laws
News	6:15am, 7:15 am, 8:15am	9/10/2026	live	10 seconds	The City of Champaign is celebrating people from around the world who now call the community home with Welcoming Week.
News	6:15am, 7:15 am, 8:15am	9/21/2026	live	10 seconds	Governor JB Pritzker announced the launch of the Illinois Reproductive Health Care Hub, the State's new website centralizing resources for those making decisions about their reproductive health.
News	6:15am, 7:15 am, 8:15am	9/21/2026	live	10 seconds	The Illinois Department of Financial and Professional Regulation says they've taken action against Consulting Cafe LLC ... which does business as Smartfile Services ... and Capital Core Advisors LLC for offering unlicensed student debt relief services.
News	6:45am, 7:45am, 8:45am	9/21/2026	live	30 seconds	Governor JB Pritzker announced the launch of the Illinois Reproductive Health Care Hub, the State's new website centralizing resources for those making decisions about their reproductive health.
News	6:45am, 7:45am, 8:45am	9/21/2026	live	30 seconds	The Illinois Department of Financial and Professional Regulation says they've taken action against Consulting Cafe LLC ... which does business as Smartfile Services ... and Capital Core Advisors LLC for offering unlicensed student debt relief services.
News	6:15am, 7:15 am, 8:15am	9/22/2026	live	10 seconds	The Edgar County highway department says they're beginning a 3 mile roadway improvement project on Lower Terre Haute Road.
News	6:15am, 7:15 am, 8:15am	9/22/2026	live	10 seconds	The Illinois Department of Public Health will host a public meeting today to answer questions about contamination in a Taylorville park.
News	6:45am, 7:45am, 8:45am	9/22/2026	live	30 seconds	The Edgar County highway department says they're beginning a 3 mile roadway improvement project on Lower Terre Haute Road.
News	6:15am, 7:15 am, 8:15am	9/23/2026	live	10 seconds	Governor J.B. Pritzker signed an executive order creating an Illinois A-I cabinet ... made up of people from various industries and fields.
News	6:15am, 7:15 am, 8:15am	9/24/2026	live	10 seconds	The City of Casey honored the man behind its larger-than-life landmarks by dedicating a plaque to honor Jim Bolin yesterday morning.
News	6:15am, 7:15 am, 8:15am	9/24/2026	live	10 seconds	State Representative Adam Niemerg is hosting a ceremony today at 2:00 at Willow Hill Park in Jasper County to re-name the intersection of Illinois Routes 49 and 33 after Jack Steinman.
News	6:15am, 7:15 am, 8:15am	9/24/2026	live	10 seconds	The National Traffic Safety Administration is asking families to check their children's car seats and booster seats.
News	6:15am, 7:15 am, 8:15am	9/24/2026	live	10 seconds	Capital News Illinois reports multiple visitor information centers in rest stops across the state that provide services like booking hotel rooms for tourists will be closing.
News	6:45am, 7:45am, 8:45am	9/24/2026	live	30 seconds	The City of Casey honored the man behind its larger-than-life landmarks by dedicating a plaque to honor Jim Bolin yesterday morning.
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News	6:15am, 7:15 am, 8:15am	9/25/2026	live	10 seconds	State officials say all registered voters can cast their ballot at any location established for early voting in their county.
News	6:15am, 7:15 am, 8:15am	9/25/2026	live	10 seconds	The Illinois Department of Transportation says building demolition is underway on the South Side of Fayette Avenue in Effingham.
News	6:45am, 7:45am, 8:45am	9/25/2026	live	30 seconds	State officials say all registered voters can cast their ballot at any location established for early voting in their county.
News	6:15am, 7:15 am, 8:15am	9/28/2026	live	10 seconds	The Illinois Department of Public Health said a measles outbreak in Douglas and Moultrie Counties has grown to 16 cases.
News	6:15am, 7:15 am, 8:15am	9/28/2026	live	10 seconds	The Illinois State Treasurer's Office is holding an online auction of unclaimed items through October 4th.
News	6:15am, 7:15 am, 8:15am	9/28/2026	live	10 seconds	The Illinois Department of Natural Resources will offer voluntary mail-in sampling kits to hunters who want to collect lymph node samples from harvested deer for chronic wasting disease testing.
News	6:15am, 7:15 am, 8:15am	9/28/2026	live	10 seconds	Illinois EPA joined fellow midwestern states, including Michigan, Minnesota, and Wisconsin, to recognize PFAS Awareness Week

[illegible]

6. Health

Program Title	Time	Date	Source	Length	Description
News	6:15am, 7:15am, 8:15am	7/1/2026	live	10 seconds	Sarah Bush Lincoln is hosting an Infant CPR Class on Monday that teaches the standards in infant child CPR from the American Heart Association and is taught by a certified CPR instructor.
News	6:15am, 7:15am, 8:15am	7/1/2026	live	10 seconds	The U.S. Army Corps of Engineers is gearing up for the 4th of July at Lake Shelbyville. Fireworks will be launched on Saturday at dusk from Ramp Point, located in Dam West Recreation Area.
News	6:15am, 7:15am, 8:15am	7/1/2026	live	10 seconds	
Health In A Heartbeat	11:50am	7/1/2026	recorded	2 minutes	Art helps us age gracefully.
Health In A Heartbeat	11:50am	7/2/2026	recorded	2 minutes	A B vitamin for fatigue.
Health In A Heartbeat	11:50am	7/3/2026	recorded	2 minutes	Berry smoothies need no banana.
Health In A Heartbeat	11:50am	7/6/2026	recorded	2 minutes	Your brain sways. Here's why.
Health In A Heartbeat	11:50am	7/7/2026	recorded	2 minutes	Less butter is better, sometimes.
Health In A Heartbeat	11:50am	7/8/2026	recorded	2 minutes	Camel milk might offer surprising health benefits.
Health In A Heartbeat	11:50am	7/9/2026	recorded	2 minutes	Coffee has a wealth of benefits.
					Horizon Health will offer discounted health screenings at the Paris Clinic on
News	6:15am, 7:15 am, 8:15am	7/9/2026	live	10 seconds	Friday, July 17, from 7 to 9 am.
					The Illinois Department of Human Services (IDHS) announced Wednesday that Illinois has surpassed 1,000 certified peer professionals, with 1,010 individuals now credentialed as Certified Recovery Support Specialists (CRSS) and/or Certified Peer Recovery Specialists (CPRS). The milestone reflects the State's continued investment in peer recovery support services and behavioral health workforce development and represents a 335% increase in the certified peer workforce since 2022.
News	6:45am, 7:45am, 8:45am	7/9/2026	live	30 seconds	
Health In A Heartbeat	11:50am	7/10/2026	recorded	2 minutes	For injuries, try heat therapy.
Health In A Heartbeat	11:50am	7/13/2026	recorded	2 minutes	A better diet de-ages your biological body.
News	6:15am, 7:15 am, 8:15am	7/13/2026	live	10 seconds	U.S. Department of Veterans Affairs Deputy Secretary Paul R. Lawrence will visit the VA Illiana Health Care System in Danville on Wednesday.
					Howell Paving, Inc. recently made a \$65,000 donation to Expanding Hope, the Sarah Bush Lincoln Health Foundation Capital Campaign to help fund the expansion of the Regional Cancer Center. Construction on the first phase of the 15,000 square foot project began in April and is expected to be complete in May 2027, with phase two beginning at that time.
News	6:45am, 7:45am, 8:45am	7/13/2026	live	30 seconds	
Health In A Heartbeat	11:50am	7/14/2026	recorded	2 minutes	Alcohol and cannabis don't mix with driving.
News	6:15am, 7:15 am, 8:15am	7/14/2026	live	10 seconds	Horizon Health is expanding its commitment to comprehensive weight loss care with the addition of Medical Weight Management within its Center for Weight Management.
					Horizon Health is expanding its commitment to comprehensive weight loss care with the addition of Medical Weight Management within its Center for Weight Management. The new service complements the organization's nationally recognized bariatric surgery program, giving patients access to a full range of surgical and non-surgical weight loss options tailored to their individual needs and health goals.
News	6:45am, 7:45am, 8:45am	7/14/2026	live	30 seconds	

Health In A Heartbeat	11:50am	7/15/2026	recorded	2 minutes	How you prep potatoes matters.
Health In A Heartbeat	11:50am	7/16/2026	recorded	2 minutes	A less invasive eye therapy.
Health In A Heartbeat	11:50am	7/17/2026	recorded	2 minutes	Nasal spray for cognitive decline.
Health In A Heartbeat	11:50am	7/20/2026	recorded	2 minutes	Nerve regeneration might be possible, in a way.
News	6:15am, 7:15 am, 8:15am	7/20/2026	live	10 seconds	Sarah Bush Lincoln continues to be recognized for its commitment to quality stroke care, as it was recently honored with two American Heart Association awards: The Rural Stroke Gold award and the Stroke Silver Plus award.
News	6:45am, 7:45am, 8:45am	7/20/2026	live	30 seconds	Sarah Bush Lincoln continues to be recognized for its commitment to quality stroke care, as it was recently honored with two American Heart Association awards: The Rural Stroke Gold award and the Stroke Silver Plus award. These awards symbolize that SBL ensures people experiencing a stroke receive timely, appropriate treatment based on nationally recognized, research-based guidelines, helping to save lives and reduce disability.
Health In A Heartbeat	11:50am	7/21/2026	recorded	2 minutes	Your body prompts you for protein.
Health In A Heartbeat	11:50am	7/22/2026	recorded	2 minutes	Push ups might benefit cardio.
News	6:15am, 7:15 am, 8:15am	7/22/2026	live	10 seconds	The Senior Farmers Market Nutrition Program offers income-eligible older adults benefits in the form of paper vouchers or "checks," which can be used at participating farmers markets and roadside stands to purchase fresh fruits, vegetables, cut herbs, and harvested honey.
Health In A Heartbeat	11:50am	7/23/2026	recorded	2 minutes	Facts about right hand vs left.
Health In A Heartbeat	11:50am	7/24/2026	recorded	2 minutes	A cream for skin cancer treatment is in the works.
Health In A Heartbeat	11:50am	7/27/2026	recorded	2 minutes	Young men are using this chemical to commit suicide.
Health In A Heartbeat	11:50am	7/28/2026	recorded	2 minutes	An organ whose health might tell on your lifespan.
News	6:15am, 7:15 am, 8:15am	7/28/2026	live	10 seconds	Horizon Health in Paris will offer two free educational programs to help community members learn about treatment options for bladder and bowel conditions through its "Take Back Control" event.
News	6:45am, 7:45am, 8:45am	7/28/2026	live	10 seconds	Horizon Health in Paris will offer two free educational programs to help community members learn about treatment options for bladder and bowel conditions through its "Take Back Control" event. Participants may choose from one of two sessions: A virtual webinar on Tuesday, August 11, at 2 pm or an in-person Lunch & Learn on Wednesday, August 19, from noon to 1 pm, at the Horizon Health Education Center.
Health In A Heartbeat	11:50am	7/29/2026	recorded	2 minutes	A tomato-soy juice might help inflammation.
News	6:15am, 7:15 am, 8:15am	7/29/2026	live	10 seconds	Sarah Bush Lincoln intends to purchase the building currently occupied by Blue Cross Blue Shield in Mattoon, creating additional space to support provider recruitment and expanded access to specialty care.
News	6:45am, 7:45am, 8:45am	7/29/2026	live	30 seconds	Sarah Bush Lincoln intends to purchase the building currently occupied by Blue Cross Blue Shield in Mattoon, creating additional space to support provider recruitment and expanded access to specialty care. They anticipate closing on the property in October. Specific services located at the facility will be announced as plans progress.
Health In A Heartbeat	11:50am	7/30/2026	recorded	2 minutes	Safety tips for those in the sun.
News	6:15am, 7:15 am, 8:15am	7/30/2026	live	10 seconds	Horizon Health has been recognized with The Joint Commission's Gold Seal of Approval.
News	6:45am, 7:45am, 8:45am	7/30/2026	live	30 seconds	Horizon Health has been recognized with The Joint Commission's Gold Seal of Approval. The Gold Seal signifies that Horizon Health has successfully completed comprehensive, on-site evaluations demonstrating compliance with rigorous national standards for patient safety, quality of care, medication management, infection prevention and control, and organizational performance.
Health In A Heartbeat	11:50am	7/31/2026	recorded	2 minutes	Weight fluctuation might be less bad than we thought.

News	6:15am, 7:15 am, 8:15am	7/31/2026	live	10 seconds	To help prepare children for the upcoming school year, Horizon Health will host its 12th annual "Back to School Bang" on Friday, August 7.
News	6:45am, 7:45am, 8:45am	7/31/2026	live	30 seconds	To help prepare children for the upcoming school year, Horizon Health will host its 12th annual "Back to School Bang" on Friday, August 7. This free, interactive health and wellness event will take place from 4:30 to 7:30 pm on the Horizon Health main campus in Paris.
Health In A Heartbeat	11:50am	8/3/2026	recorded	2 minutes	Brains can improve into old age.
Health In A Heartbeat	11:50am	8/4/2026	recorded	2 minutes	Certain brains self-protect against Alzheimer's.
Health In A Heartbeat	11:50am	8/5/2026	recorded	2 minutes	Butterflies might offer cures for human longevity.
Health In A Heartbeat	11:50am	8/6/2026	recorded	2 minutes	Options for cartilage repair over replacement.
Health In A Heartbeat	11:50am	8/7/2026	recorded	2 minutes	Researchers map out a brain circuit for sleep benefits.
News	6:15am, 7:15 am, 8:15am	8/7/2026	live	10 seconds	While American Red Cross volunteers responded to severe storms, tornadoes, flooding and other weather-related emergencies across the Illinois Region throughout July.
News	6:45am, 7:45am, 8:45am	8/7/2026	live	30 seconds	While American Red Cross volunteers responded to severe storms, tornadoes, flooding and other weather-related emergencies across the Illinois Region throughout July. They also answered the call to 125 home fires, providing critical support to 365 people, including families and children.
Health In A Heartbeat	11:50am	8/10/2026	recorded	2 minutes	What a collagen supplement can and can't do.
Health In A Heartbeat	11:50am	8/11/2026	recorded	2 minutes	Coping with alcohol leaves lasting, negative impacts.
News	6:45am, 7:45am, 8:45am	8/11/2026	live	30 seconds	The Regional Office of Education #11 and Sarah Bush Lincoln are partnering to raise awareness and offer practical support to families. Together they want to highlight the lasting benefits of reading, share information about the drawbacks of screen use, and encourage simple, relationship-centered approaches that help children become attentive, strong, and capable young people.
News	6:45am, 7:45am, 8:45am	8/11/2026	live	30 seconds	The Illinois Department of Human Services and the Chief Behavioral Health Office for the State of Illinois announced the release of "The Care Compass: A Strategic Framework for Behavioral Health Access and Integration."
Health In A Heartbeat	11:50am	8/12/2026	recorded	2 minutes	For some, exercise helps to age well.
News	6:15am, 7:15 am, 8:15am	8/12/2026	live	10 seconds	The Illinois Department of Public Health is reminding Illinoisans that the state's existing endorsement of the 2026 American Academy of Pediatrics Child and Adolescent Immunization Schedule remains unchanged, despite a federal executive order this week seeking to make changes to established vaccine guidance.
News	6:45am, 7:45am, 8:45am	8/12/2026	live	30 seconds	The Illinois Department of Public Health is reminding Illinoisans that the state's existing endorsement of the 2026 American Academy of Pediatrics Child and Adolescent Immunization Schedule remains unchanged, despite a federal executive order this week seeking to make changes to established vaccine guidance. IDPH notes that years of study confirm the vaccines on the existing child and adolescent schedule are safe and effective in keeping children healthy and protecting them from the effects of serious preventable illnesses.
Health In A Heartbeat	11:50am	8/13/2026	recorded	2 minutes	Folks are tired before the day even starts.
News	6:15am, 7:15 am, 8:15am	8/13/2026	live	10 seconds	Tom Bariether of Mattoon recently donated \$1,000 to the Sarah Bush Lincoln Health Foundation to support patients receiving care at the SBL Regional Cancer Center.
News	6:15am, 7:15 am, 8:15am	8/13/2026	live	10 seconds	The Sarah Bush Lincoln Health Foundation will host its 19th annual SBL Hospice Binga on Tuesday, September 1, at the Mattoon Eagles Club, 1917 Oak Avenue.
News	6:45am, 7:45am, 8:45am	8/13/2026	live	30 seconds	At its annual Inner Circle Donor Recognition Event on July 31st, the Sarah Bush Lincoln Health Foundation presented its Soaring Eagle award to Tony & Debbie Sparks of Mattoon. They are the 20th recipient of this special award since the hospital opened in 1977.

News	6:45am, 7:45am, 8:45am	8/13/2026	live	30 seconds	Tom Bariether of Mattoon recently donated \$1,000 to the Sarah Bush Lincoln Health Foundation to support patients receiving care at the SBL Regional Cancer Center. His donation will help those unable to pay for items associated with their treatments.
News	6:45am, 7:45am, 8:45am	8/13/2026	live	30 seconds	The Sarah Bush Lincoln Health Foundation will host its 19th annual SBL Hospice Binga on Tuesday, September 1, at the Mattoon Eagles Club, 1917 Oak Avenue. Net proceeds support the SBL Willow Breeze Hospice House Endowment.
Health In A Heartbeat	11:50am	8/14/2026	recorded	2 minutes	A standard joint supplement is linked to cognitive decline.
Health In A Heartbeat	11:50am	8/17/2026	recorded	2 minutes	What hydrates best, beverage-wise.
Health In A Heartbeat	11:50am	8/18/2026	recorded	2 minutes	A (gum) disease-fighting material made from fruit.
Health In A Heartbeat	11:50am	8/19/2026	recorded	2 minutes	Left handedness and its myths.
Health In A Heartbeat	11:50am	8/20/2026	recorded	2 minutes	Fish oil does not help memory issues, study shows.
News	6:15am, 7:15 am, 8:15am	8/20/2026	live	10 seconds	The Illinois Department of Public Health is reminding Illinoisans that the state's existing endorsement of the 2026 American Academy of Pediatrics Child and Adolescent Immunization Schedule remains unchanged, despite a federal executive order this week seeking to make changes to established vaccine guidance.
News	6:15am, 7:15 am, 8:15am	8/20/2026	live	10 seconds	The Regional Office of Education #11 and Sarah Bush Lincoln are partnering to raise awareness and offer practical support to families.
News	6:45am, 7:45am, 8:45am	8/20/2026	live	30 seconds	The Illinois Department of Public Health is reminding Illinoisans that the state's existing endorsement of the 2026 American Academy of Pediatrics Child and Adolescent Immunization Schedule remains unchanged, despite a federal executive order this week seeking to make changes to established vaccine guidance. IDPH notes that years of study confirm the vaccines on the existing child and adolescent schedule are safe and effective in keeping children healthy and protecting them from the effects of serious preventable illnesses.
News	6:45am, 7:45am, 8:45am	8/20/2026	live	30 seconds	The Regional Office of Education #11 and Sarah Bush Lincoln are partnering to raise awareness and offer practical support to families. Together they want to highlight the lasting benefits of reading, share information about the drawbacks of screen use, and encourage simple, relationship-centered approaches that help children become attentive, strong, and capable young people.
News	6:15am, 7:15 am, 8:15am	8/20/2026	live	10 seconds	After years of treating patients with chronic pain at Sycamore Pain & Wellness, a service of Horizon Health, Chantelle Allen recently expanded her practice to include outpatient behavioral health services.
News	6:45am, 7:45am, 8:45am	8/20/2026	live	30 seconds	After years of treating patients with chronic pain at Sycamore Pain & Wellness, a service of Horizon Health, Chantelle Allen recently expanded her practice to include outpatient behavioral health services. This addition strengthens the clinic's behavioral health team while complementing its comprehensive range of health and wellness services.
Health In A Heartbeat	11:50am	8/21/2026	recorded	2 minutes	Probiotic supplements might help with symptoms of depression.
Health In A Heartbeat	11:50am	8/24/2026	recorded	2 minutes	Decreasing sitting intervals lessens risk of certain cancers.
News	6:45am, 7:45am, 8:45am	8/24/2026	live	30 seconds	Carle Health has named Angie Hatfield Marker Vice President of Carle Health Center for Philanthropy. Hatfield Marker will be advancing the health system's commitment to growing philanthropic support for care, innovation and community health across all the regions Carle Health serves.
News	6:45am, 7:45am, 8:45am	8/24/2026	live	30 seconds	For the second consecutive year, Horizon Health has earned the American Heart Association Commitment to Quality Award, recognizing excellence in cardiovascular and stroke care. Horizon Health is one of only 222 sites nationwide to receive this prestigious honor, which was first established in 2025.
Health In A Heartbeat	11:50am	8/25/2026	recorded	2 minutes	A spray for wound-healing.

Health In A Heartbeat	11:50am	8/26/2026	recorded	2 minutes	Being unfit might be more dangerous than smoking.
Health In A Heartbeat	11:50am	8/27/2026	recorded	2 minutes	GLP-1s linked to decreased violence in users.
Health In A Heartbeat	11:50am	8/28/2026	recorded	2 minutes	Vitamin C benefits your brain, too.
News	6:15am, 7:15 am, 8:15am	8/28/2026	live	10 seconds	Illinois Health Officials say they've identified the state's first case of West Nile Virus this year ... in Piatt County.
News	6:45am, 7:45am, 8:45am	8/28/2026	live	30 seconds	Illinois Health Officials say they've identified the state's first case of West Nile Virus this year ... in Piatt County. The Illinois Department of Public Health says you can get the virus from the Culex mosquito ... but not from other people. The department says about one in five people with the virus have symptoms.
Health In A Heartbeat	11:50am	8/31/2026	recorded	2 minutes	Yoga helps you sleep well.
News	6:15am, 7:15 am, 8:15am	8/31/2026	live	10 seconds	The Champaign-Urbana Public Health District says the state's overdose prevention program is switching from the drug NARCAN to the generic form ... Padagis.
Health In A Heartbeat	11:50am	9/1/2026	recorded	2 minutes	AI-assisted calorie counting apps are less accurate.
Health In A Heartbeat	11:50am	9/2/2026	recorded	2 minutes	A brain trick to beat a bathroom urge.
Health In A Heartbeat	11:50am	9/3/2026	recorded	2 minutes	Saving money might be good for more than your wallet.
Health In A Heartbeat	11:50am	9/4/2026	recorded	2 minutes	Is heavy chili pepper consumption bad for your health?
News	6:15am, 7:15 am, 8:15am	9/4/2026	live	10 seconds	State health officials are working with the Douglas County Health Department to protect the community from more measles outbreaks.
News	6:45am, 7:45am, 8:45am	9/4/2026	live	30 seconds	State health officials are working with the Douglas County Health Department to protect the community from more measles outbreaks. That includes tracking down people who were exposed to the patients during their infectious period ... and offering vaccines.
News	6:45am, 7:45am, 8:45am	9/4/2026	live	30 seconds	The Illinois Department of Public Health say high levels of metals were found at Manners Park in Taylorville near Field 1 and near the park's dining hall. They say baseball players who used the field before 2023 might have been affected by exposure to lead in the soil ... causing higher levels of lead in their blood.
Health In A Heartbeat	11:50am	9/7/2026	recorded	2 minutes	Some factors associated with dementia are preventable.
Health In A Heartbeat	11:50am	9/8/2026	recorded	2 minutes	When a meal arrives ahead of your companion's, you might wait to eat. Here's why.
Health In A Heartbeat	11:50am	9/9/2026	recorded	2 minutes	Springing clocks forward might be harming vision.
Health In A Heartbeat	11:50am	9/10/2026	recorded	2 minutes	For better gym progress, take a rest.
News	6:15am, 7:15 am, 8:15am	9/10/2026	live	10 seconds	First Mid Insurance Group is partnering with Sarah Bush Lincoln, KC Summers, the LifeSpan Center and the Mattoon Area Family YMCA for a Senior Expo from 10 a.m. to 1 p.m. on September 23rd at Emerald Acres.
Health In A Heartbeat	11:50am	9/11/2026	recorded	2 minutes	Is your heart aging faster than you are?
News	6:15am, 7:15 am, 8:15am	9/11/2026	live	10 seconds	The DeWitt-Piatt Bi-County Health Department say a bat tested positive for rabies after a report of a potential exposure at a home in Monticello.
News	6:15am, 7:15 am, 8:15am	9/11/2026	live	10 seconds	The Human Resources Center of Edgar County says their Living Room Program's last day is September 30th because of a loss of state funding.
News	6:15am, 7:15 am, 8:15am	9/11/2026	live	10 seconds	The Champaign-Urbana Health District says every car seat inspected by the organization this year was used incorrectly... leaving children vulnerable to injury in car crashes.
Health In A Heartbeat	11:50am	9/14/2026	recorded	2 minutes	Plastic in blood might be causing some heart problems.
Health In A Heartbeat	11:50am	9/15/2026	recorded	2 minutes	What kids drink now matters later.
Health In A Heartbeat	11:50am	9/16/2026	recorded	2 minutes	A common antidepressant might offer relief to long COVID patients.
Health In A Heartbeat	11:50am	9/17/2026	recorded	2 minutes	Even seven days of meditation might show benefits.

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