

## **Memorandum**

To: Jeff Owens, Interim General Manager

From: Ke'an Armstrong, Publicity/Promotions Specialist, WEIU FM & TV

Re: Methods of Determining Issues

Date: April 1, 2025

WEIU FM determined the issues/program list for the 1st quarter of 2025 by the following methods:

1. Analysis of local news reports from newspapers, television & radio.
2. Feedback from community members via various staff members participating in community service groups in the listening area.
3. Discussion of issues with local and regional officials on a continuing basis.

Please advise if you have any further questions or require further information.

# **Memorandum**

To: Jeff Owens, Interim General Manager

From: Ke'an Armstrong, Publicity/Promotions Specialist, WEIU FM & TV

Re: Issues/Programs for WEIU FM

Date: April 1, 2025

The following is the Issues List for the 1st quarter of 2025 of programming on WEIU FM:

1. CHILDREN'S EDUCATION - How are the educational and informational needs of students being met?
2. MINORITY ISSUES - Are the needs of the minority population in east-central Illinois being met? If not, what can be done to improve the situation?
3. ECONOMIC AND AGRICULTURAL CLIMATE - What is the economic climate in our area? With agriculture being the largest industry, how are farmers dealing with the current economic times?
4. CRIME - Is it safe to live in east-central Illinois and what can be done to ensure the continued safety of our residents?
5. GOVERNMENT - What are the key issues in government, both state and federal, that are affecting east-central Illinois?
6. HEALTH – What are the health issues affecting those who live in east-central Illinois? What new medical advances are now available? Are there preventative health care issues that need to be examined?

**WEIU Eastern Illinois University Charleston, IL 61920****Januray, February, March 2025****1. Children's Education**

Program Title	Time	Date	Source	Length	Description
News	6:15am; 7:15am; 8:15am 6:00am; 6:15am; 6:30am; 6:45am; 7:00am; 7:15am; 7:30am; 7:45am; 8:00am	1/3/25	Live	10 seconds	Lake Land College is accepting nominations for the Distinguished Service Award, Pacesetter Award, Retiree Wall of Fame, Distinguished Alumnus Award/Alumnus Achievement Award and Distinguished Alumni Society.
Morning Show	6:00am; 6:15am; 6:30am; 6:45am; 7:00am; 7:15am; 7:30am; 7:45am; 8:00am	1/6/25	Live	2 minutes	School Closings
Morning Show	6:15am; 7:15am; 7:30am; 7:45am; 8:00am	1/7/25	Live	2 minutes	School Closings
News	6:15am; 7:15am; 8:15am	1/7/25	Live	10 seconds	Due to hazardous road conditions resulting from the recent winter storm, Charleston schools will implement an e-learning day today.
News	6:15am; 7:15am; 8:15am	1/7/25	Live	10 seconds	Due to inclement weather producing slick road conditions, all Mattoon CUSD #2 schools will be closed Tuesday, January 7, 2025 and utilize an emergency day. This includes LIFT Central Illinois. Whether after school practices and other extracurricular events will be postponed.
News	6:15am; 7:15am; 8:15am	1/7/25	Live	10 seconds	Eastern Illinois University encourages eligible students to explore two of the University's highest-impact scholarships, the EIU's Presidential Scholarships and EIU's Sarah Bush Lincoln Nursing Scholarships.
News	6:45am; 7:45am; 8:45am	1/7/25	Live	30 seconds	Due to hazardous road conditions resulting from the recent winter storm, Charleston schools will implement an e-learning day today.
News	6:45am; 7:45am; 8:45am	1/7/25	Live	30 seconds	Due to inclement weather producing slick road conditions, all Mattoon CUSD #2 schools will be closed Tuesday, January 7, 2025 and utilize an emergency day. This includes LIFT Central Illinois. Whether after school practices and other extracurricular events will be postponed.
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News	6:15am; 7:15am; 8:15am	1/8/25	Live	10 seconds	EIU's inaugural Dr. Martin Luther King Jr. Day Community Breakfast is on January 20 <sup>th</sup> .
News	6:15am; 7:15am; 8:15am	1/8/25	Live	10 seconds	Nursing students are encouraged to apply now for Sarah Bush Lincoln paid summer Internship Program. Deadline to apply is April 1.
News	6:15am; 7:15am; 8:15am	1/8/25	Live	10 seconds	In several large cities, school systems are speaking up for the rights of immigrant students to attend school, regardless of whether they are in the country legally, and saying they would not assist Immigration and Customs Enforcement agents.
News	6:45am; 7:45am; 8:45am	1/8/25	Live	10 seconds	EIU's inaugural Dr. Martin Luther King Jr. Day Community Breakfast is on January 20 <sup>th</sup> .
News	6:45am; 7:45am; 8:45am	1/8/25	Live	30 seconds	Nursing students are encouraged to apply now for Sarah Bush Lincoln paid summer Internship Program. Deadline to apply is April 1.
News	6:15am; 7:15am; 8:15am	1/10/25	Live	10 seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Monday in room 011 of the Board and Administration Center beginning at 6:00 p.m.
News	6:15am; 7:15am; 8:15am	1/10/25	Live	10 seconds	EIU Summer Research and Creative Activity Awards are available this year.
News	6:15am; 7:15am; 8:15am	1/10/25	Live	10 seconds	Students at Eastern Illinois University are returning this weekend in anticipation of the start of the Spring Semester, which begins on Monday.
News	6:15am; 7:15am; 8:15am	1/10/25	Live	10 seconds	EIU's inaugural Dr. Martin Luther King Jr. Day Community Breakfast is on January 20 <sup>th</sup> .

News	6:15am; 7:15am; 8:15am	1/17/25	Live	10 seconds	Eastern Illinois University plans to honor the legacy of Dr. Martin Luther King Jr. with an inaugural community breakfast on Monday
News	6:15am; 7:15am; 8:15am	1/17/25	Live	10 seconds	Students who graduated from Illinois high schools and are now attending colleges or universities in the United States will have guaranteed admission to the University of Illinois Oiney Central College is poised for expansion, a \$3.15 million, 8,000-square-foot Applied Technology Center has broken ground.
News	6:15am; 7:15am; 8:15am	1/17/25	Live	10 seconds	Eastern Illinois University plans to honor the legacy of Dr. Martin Luther King Jr. with an inaugural community breakfast on Monday
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News	6:45am; 7:45am; 8:45am	1/17/25	Live	30 seconds	Eastern Illinois University has announced the Higher Learning commission has re-affirmed the university's accreditation
News	6:15am; 7:15am; 8:15am	1/24/25	Live	10 seconds	The Effingham School District is hosting a presentation on cyber-bullying ... harassment ... cyber-stalking ... grooming and false personation on Monday at 6:00.
News	6:15am; 7:15am; 8:15am	1/24/25	Live	10 seconds	Eastern Illinois University has announced the Higher Learning commission has re-affirmed the university's accreditation
News	6:45am; 7:45am; 8:45am	1/24/25	Live	30 seconds	The University of Illinois board of trustees voted to increase tuition just over two percent for Illinois residents enrolling this fall.
News	6:15am; 7:15am; 8:15am	1/27/25	Live	10 seconds	Eastern Illinois University administrators cancel classes today following the death of student ... 22-year-old Yahacov Dennis.
News	6:15am; 7:15am; 8:15am	1/29/25	Live	10 seconds	The University of Illinois Board of Trustees voted to increase room and board costs.
News	6:15am; 7:15am; 8:15am	1/29/25	Live	10 seconds	Eastern Illinois University administrators cancel classes today following the death of student ... 22-year-old Yahacov Dennis.
News	6:45am; 7:45am; 8:45am	1/29/25	Live	30 seconds	The 20-24 National Assessment of Educational Progress was just released ... showing students are still struggling to bounce back after the pandemic ... especially in reading.
News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	A vigil was held at Eastern Illinois University yesterday ... following the death of student Yahacov Dennis early Saturday morning.
News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	Join the Macou County Conservation District at Rock Springs Nature Center for an engaging and interactive experience with our fascinating educational ambassador animals on Sunday at 2pm.
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News	6:45am; 7:45am; 8:45am	1/30/25	Live	30 seconds	Join the Macou County Conservation District at Rock Springs Nature Center for an engaging and interactive experience with our fascinating educational ambassador animals on Sunday at 2pm.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	Join the Macou County Conservation District at Rock Springs Nature Center for an engaging and interactive experience with our fascinating educational ambassador animals on Sunday at 2pm.
News	6:45am; 7:45am; 8:45am	1/31/25	Live	30 seconds	Four public universities ... including Eastern Illinois ... will offer college credit toward bachelors degrees for i-S-P cadets and officers.
News	6:15am; 7:15am; 8:15am	2/3/25	Live	10 seconds	Students who sexually assault others at school would be expelled under a measure before Illinois lawmakers.
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News	6:15am; 7:15am; 8:15am	2/3/25	Live	10 seconds	We're learning if Illinois students are getting a passing grade. It looks like fourth and eighth grade students are still scoring lower on reading and math ... than they did before the pandemic.
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News	6:15am; 7:15am; 8:15am	2/12/25	Live	10 seconds	Eastern Illinois University released its Spring 20-25 tenth day enrollment figures. Those figures show overall spring enrollment down 500 students from spring 20-24.
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News	6:15am; 7:15am; 8:15am	2/20/25	Live	10 seconds	The University of St. Francis in Joliet has announced they've chosen E-IU Provost Ryan Hendrickson as their next president starting June first.
News	6:15am; 7:15am; 8:15am	2/21/25	Live	10 seconds	The University of St. Francis in Joliet has announced they've chosen E-IU Provost Ryan Hendrickson as their next president starting June first.
News	6:15am; 7:15am; 8:15am	2/21/25	Live	10 seconds	Governor J-B Pritzker says some community colleges could soon start offering four year bachelor's degree programs.
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News	6:15am; 7:15am; 8:15am	2/27/25	Live	10 seconds	Eastern Illinois University is partnering with the education company Kaplan to give students access to test preparation resources for graduate admissions ... licensing ... credentialing and professional development.
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News	6:15am; 7:15am; 8:15am	2/28/25	Live	10 seconds	WEIU Kids Day is tomorrow from 10:00am to 12:00pm inside Buzzard Hall on the EIU campus.
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News	6:15am; 7:15am; 8:15am	3/5/25	Live	10 seconds	Millikin University President Jim Reynolds has stepped down and will remain on administrative leave.
News	6:15am; 7:15am; 8:15am	3/10/25	Live	10 seconds	Lake Land College is offering courses that follow an innovative HyFlex format, which gives students flexible options for attending class.
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News	6:15am; 7:15am; 8:15am	3/11/25	Live	10 seconds	Eastern Illinois University released a statement yesterday saying Zaria Blaxton died of natural causes on Friday.

News	6:15am; 7:15am; 8:15am	3/11/25	Live	10 seconds	The University of Illinois recently announced the Carle Illinois College of Medicine received full accreditation from the Liaison Committee on Medical Education.
News	6:45am; 7:45am; 8:45am	3/11/25	Live	30 seconds	Eastern Illinois University released a statement yesterday saying Zaria Blaxton died of natural causes on Friday.
News	6:15am; 7:15am; 8:15am	3/12/25	Live	10 seconds	Millikin University's board of trustees announced Dean Pribbenow will replace Jim Reynolds as the school's 17th president.
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News	6:15am; 7:15am; 8:15am	3/14/25	Live	10 seconds	Lake Land College recently honored agriculture students at the annual Ag Banquet including giving Sydney Sanders the Overall Outstanding Student Award.
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News	6:15am; 7:15am; 8:15am	3/17/25	Live	10 seconds	Due to damage following the overnight storms on March 15th, Neoga CUSD #3 will be closed March 17th-21st.
News	6:15am; 7:15am; 8:15am	3/17/25	Live	10 seconds	Grace UMC is offering Neoga STRONG for Kids each day this week from 7:30 a.m. until 3:30 p.m.
News	6:15am; 7:15am; 8:15am	3/17/25	Live	10 seconds	More than 7,000 students will visit Illinois state parks, natural areas, museums and other natural resources sites this year thanks to grant funding through the Illinois Biodiversity Field Trip Grant Program.
News	6:45am; 7:45am; 8:45am	3/17/25	Live	30 seconds	Due to damage following the overnight storms on March 15th, Neoga CUSD #3 will be closed March 17th-21st.
News	6:45am; 7:45am; 8:45am	3/17/25	Live	30 seconds	Grace UMC is offering Neoga STRONG for Kids each day this week from 7:30 a.m. until 3:30 p.m.
News	6:15am; 7:15am; 8:15am	3/18/25	Live	10 seconds	The Illinois State Board of Education announced its \$6 million teacher recruitment campaign – The Answer is Teaching – has attracted more than 17,000 individuals interested in becoming a teacher since last year.
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News	6:15am; 7:15am; 8:15am	3/19/25	Live	10 seconds	Lake Land College is offering courses that follow an innovative HyFlex format, which gives students flexible options for attending class.
News	6:45am; 7:45am; 8:45am	3/19/25	Live	30 seconds	Legislation that would prohibit public school students from using cell phones and other wireless communication devices during class time cleared a Senate committee Tuesday and could soon be considered by the full Senate, according to Capitol News Illinois.
News	6:15am; 7:15am; 8:15am	3/19/25	Live	10 seconds	There will be a stress management discussion in Taylor Hall on EIU's campus on March 31st from 5 to 6 in the evening.
News	6:15am; 7:15am; 8:15am	3/19/25	Live	10 seconds	The 2025 EIU Presidential Distinguished Service Award nominations are due on March 28 <sup>th</sup> .
News	6:45am; 7:45am; 8:45am	3/19/25	Live	30 seconds	Lake Land College is offering courses that follow an innovative HyFlex format, which gives students flexible options for attending class.
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News	6:15am; 7:15am; 8:15am	3/20/25	Live	10 seconds	Neoga Schools announced that they will be delaying the restart of instruction from Monday, March 24 to Wednesday, March 26 due to campus tornado damage.
News	6:45am; 7:45am; 8:45am	3/20/25	Live	30 seconds	Neoga Schools announced that they will be delaying the restart of instruction from Monday, March 24 to Wednesday, March 26 due to campus tornado damage.
News	6:15am; 7:15am; 8:15am	3/21/25	Live	10 seconds	Leaders at Eastern Illinois University and Horizon Health are proud to announce a new Corporate Education Benefit partnership.

News	6:15am; 7:15am; 8:15am	3/21/25	Live	10 seconds	One of Gov. JB Pritzker's top legislative initiatives stalled in the General Assembly this week when the chair of the House Higher Education Committee refused to call a vote on a bill that would authorize community colleges to offer four-year bachelor's degree programs in select, high-demand career fields, according to Capitol News Illinois.
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News	6:15am; 7:15am; 8:15am	3/25/25	Live	10 seconds	Capitol News Illinois reports a bill that would allow community colleges to offer four-year bachelor's degree programs has failed to move out of a legislative committee.
News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	Neoga schools are set to resume classes today ... nearly two weeks after a tornado struck their campus.
News	6:15am; 7:15am; 8:15am	3/27/25	Live	10 seconds	Neoga students returned to the classroom yesterday nearly two weeks after a tornado significantly damaged the district's junior-senior high school building ... causing significant damage to the roof ... windows ... and gym.
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News	6:45am; 7:45am; 8:45am	3/27/25	Live	30 seconds	Eastern Illinois University was named a Voter-Friendly Campus by the Fair Elections Centers Campus Vote Project and NASPA – Student Affairs Administrators in Higher Education.
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Issues/Attitudes	!2n	2/17/25	Live	30 Minutes	Mattoon Library officials Carl Walworth and Chris Suerdieck discussing new library features and the Local History museum.
Issues/Attitudes	!2n	2/10/25	Live	30 Minutes	Interview with Booth Library officials on Student innovation, family hub, and library services and events in 2025.
Issues/Attitudes	!2n	2/24/25	live	30 Minutes	WEIU Kids Day informational interview with WEIU promotions and productions.
Issues/Attitudes	!2n	3/31/25	live	30 Minutes	Ann Bruehler of Charleston Community Theatre on upcoming shows, auditions, and importance of the role of theatre for community.

## 2. Minority Issues

Program Title	Time	Date	Source	Length	Description
News	6:15am; 7:15am; 8:15am	1/2/25	Live	10 seconds	EIU's inaugural Dr. Martin Luther King Jr. Day Community Breakfast on January 20th will be at 8:15 a.m., followed by a panel discussion at 9 a.m. in the Martin Luther King Jr. University Union Grand Ballroom.
News	6:15am; 7:15am; 8:15am	1/7/25	Live	10 seconds	McDonald's is ending some of its diversity practices, citing the U.S. Supreme Court's 2023 decision outlawing affirmative action in college admissions.
News	6:15am; 7:15am; 8:15am	1/8/25	Live	10 seconds	In several large cities, school systems are speaking up for the rights of immigrant students to attend school, regardless of whether they are in the country legally, and saying they would not assist Immigration and Customs Enforcement agents.
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News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	A vigil was held at Eastern Illinois University yesterday ... following the death of student Yahacov Dennis early Saturday morning.
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### 3. Economic and Agriculture Climate

Program Title	Time	Date	Source	Length	Description
Climate Connections	12:50pm	1/1/25	Recorded	2 Minutes	How does the mountain lion cross the road? A federal law includes funding for wildlife over-or-underpasses, making it easier for them to escape
News	6:15am; 7:15am; 8:15am	1/2/25	Live	10 seconds	GasBuddy projects that the yearly national average for gasoline in 2025 will decline to \$3.22 per gallon, down from \$3.33 in 2024 and significantly below the record highs of 2022.
News	6:15am; 7:15am; 8:15am	1/2/25	Live	10 seconds	Starting with the new year, all Eastern Illinois University position announcements are required to include pay and benefits information.
News	6:45am; 7:45am; 8:45am	1/2/25	Live	30 seconds	GasBuddy projects that the yearly national average for gasoline in 2025 will decline to \$3.22 per gallon, down from \$3.33 in 2024 and significantly below the record highs of 2022.
News	6:45am; 7:45am; 8:45am	1/2/25	Live	30 seconds	Starting with the new year, all Eastern Illinois University position announcements are required to include pay and benefits information.
Climate Connections	12:50pm	1/2/25	Recorded	2 Minutes	How a California demolition project kept 15,000 tons of waste out of the landfill: A work crew in Martinez salvaged marble, granite, and more to reuse in a new county building and plaza.
News	6:15am; 7:15am; 8:15am	1/3/25	Live	10 seconds	Snow routes will be in effect in Charleston during the snow event we are expecting over the weekend.
News	6:15am; 7:15am; 8:15am	1/3/25	Live	10 seconds	A winter storm is targeting portions of the lower Midwest between Saturday night and Monday evening, bringing travel impacts directly to portions of central and southeast Illinois.
News	6:45am; 7:45am; 8:45am	1/3/25	Live	30 seconds	Snow routes will be in effect in Charleston during the snow event we are expecting over the weekend.
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Climate Connections	12:50pm	1/3/25	Recorded	2 Minutes	How bamboo could help lock in carbon and slow climate change: This fast-growing plant absorbs carbon quickly and can be used to manufacture flooring, furniture, and more.
News	6:15am; 7:15am; 8:15am	1/6/25	Live	10 seconds	A major winter blast of snow, ice, high winds and plunging temperatures are stirring up dangerous conditions across the U.S. central and southern states all the way to the East Coast.
News	6:15am; 7:15am; 8:15am	1/6/25	Live	10 seconds	Road conditions began deteriorating Sunday in several Midwest states, with forecasts calling for harsh winter conditions to spread eastward in the coming days.
News	6:15am; 7:15am; 8:15am	1/6/25	Live	10 seconds	The storm is expected to reach the Mid-Atlantic states on Monday and bitter cold temperatures could grip much of the East Coast deep into the South.
News	6:45am; 7:45am; 8:45am	1/6/25	Live	30 seconds	A major winter blast of snow, ice, high winds and plunging temperatures are stirring up dangerous conditions across the U.S. central and southern states all the way to the East Coast.
News	6:45am; 7:45am; 8:45am	1/6/25	Live	30 seconds	Road conditions began deteriorating Sunday in several Midwest states, with forecasts calling for harsh winter conditions to spread eastward in the coming days.
News	6:45am; 7:45am; 8:45am	1/6/25	Live	30 seconds	The storm is expected to reach the Mid-Atlantic states on Monday and bitter cold temperatures could grip much of the East Coast deep into the South.
Climate Connections	12:50pm	1/6/25	Recorded	2 Minutes	How weather disasters strain animal shelters: Humans aren't the only ones who need help when the worst happens.
News	6:15am; 7:15am; 8:15am	1/7/25	Live	10 seconds	Much of the U.S. is being blasted by ice, snow and wind, as the polar vortex that dipped south over the weekend is keeping an area stretching from the Rocky Mountains to the coast of Maine in its frigid grip.
News	6:45am; 7:45am; 8:45am	1/7/25	Live	30 seconds	Average gasoline prices in Illinois are unchanged in the last week, averaging \$3.18/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	1/7/25	Recorded	2 Minutes	Average gasoline prices in Illinois are unchanged in the last week, averaging \$3.18/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	1/8/25	Recorded	2 Minutes	A company's quest to make EV charging stations more reliable: If the charging network grows more dependable, more drivers are likely to go electric.

News	6:15am; 7:15am; 8:15am	1/9/25	Live	10 seconds	Ameren Illinois is ready for a blast of arctic temperatures forecast in the Midwest early next week thanks to improvements in the resiliency of its natural gas delivery infrastructure and upgrades to its underground storage capabilities
Climate Connections	12:50pm	1/9/25	Recorded	2 Minutes	Canadian career center helps connect young people with environmental careers: Thousands have already used the center's resources
Climate Connections	12:50pm	1/10/25	Recorded	2 Minutes	Smarter EV charging could ease the strain on the electric grid: Software can help drivers charge when renewable energy is available and electricity demand is low.
News	6:15am; 7:15am; 8:15am	1/13/25	Live	10 seconds	Average gasoline prices in Illinois have risen 2.5 cents per gallon in the last week, averaging \$3.21/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:15am; 7:15am; 8:15am	1/13/25	Live	10 seconds	Scientists say last week's extreme weather across the United States is one of the hallmarks of climate change.
News	6:45am; 7:45am; 8:45am	1/13/25	Live	30 seconds	Average gasoline prices in Illinois have risen 2.5 cents per gallon in the last week, averaging \$3.21/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	1/13/25	Recorded	2 Minutes	Prairie dogs are in trouble as the climate warms: The animals are critical to ecosystems in the Great Plains.
Climate Connections	12:50pm	1/14/25	Recorded	2 Minutes	Solar jobs come in many shapes and sizes: Careers in solar span engineering, marketing, and construction.
News	6:15am; 7:15am; 8:15am	1/15/25	Live	10 seconds	The United States is experiencing an egg shortage due to avian flu and the U.S-D-A says the situation may not improve anytime soon.
News	6:45am; 7:45am; 8:45am	1/15/25	Live	30 seconds	The United States is experiencing an egg shortage due to avian flu and the U.S-D-A says the situation may not improve anytime soon.
Climate Connections	12:50pm	1/15/25	Recorded	2 Minutes	Why a comedian is using jokes to talk about climate change: Most people think it's no laughing matter.
News	6:15am; 7:15am; 8:15am	1/16/25	Live	10 seconds	State officials say Frichtl Processing and Slaughtering is investing 2 point 5 million dollars to build a new meat processing and packaging facility in Dietrich.
News	6:45am; 7:45am; 8:45am	1/16/25	Live	30 seconds	State officials say Frichtl Processing and Slaughtering is investing 2 point 5 million dollars to build a new meat processing and packaging facility in Dietrich.
Climate Connections	12:50pm	1/16/25	Recorded	2 Minutes	When the grid goes down, solar power can step up: Low-pollution solar-powered generators can help communities in crisis.
News	6:15am; 7:15am; 8:15am	1/17/25	Live	10 seconds	According to GasBuddy's survey of over 4000 stations in Illinois the average gas price in Charleston is about 3.07.
Climate Connections	12:50pm	1/17/25	Recorded	2 Minutes	Rescue dogs sniff out scat to help protect an endangered species: The dogs are helping to monitor the San Joaquin kit fox, which lives in a part of California where solar farms are growing rapidly.
Climate Connections	12:50pm	1/20/25	Recorded	2 Minutes	Moose vs. ticks: a battle of giants and bloodsuckers: Winter ticks are tiny, but their impact on moose is massive – and climate change is worsening the threat.
News	6:15am; 7:15am; 8:15am	1/21/25	Live	10 seconds	Average gasoline prices in Illinois have risen 2.5 cents per gallon in the last week, averaging \$3.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	1/21/25	Live	30 seconds	Average gasoline prices in Illinois have risen 2.5 cents per gallon in the last week, averaging \$3.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	1/21/25	Recorded	2 Minutes	Love the planet, one recipe at a time: A new cookbook blends vegetarian recipes with tips for making eco-friendly food choices.
News	6:15am; 7:15am; 8:15am	1/22/25	Live	10 seconds	18-thousand COSTCO workers are preparing for a potential strike at the company's warehouses in five states
Climate Connections	12:50pm	1/22/25	Recorded	2 Minutes	Chirps and songs can be signs of an ecosystem's health: As the climate changes, animals are modifying their behavior – and sometimes those changes are easier to hear than to see.
News	6:15am; 7:15am; 8:15am	1/23/25	Live	10 seconds	The Eastern Illinois Foodbank is offering food giveaways in Coles County on February 12th.
News	6:45am; 7:45am; 8:45am	1/23/25	Live	30 seconds	The Eastern Illinois Foodbank is offering food giveaways in Coles County on February 12th.

Climate Connections	12:50pm	1/23/25	Recorded	2 Minutes	An artist is painting a vision of a better world: She's using her paintbrush to show what climate solutions look like.
Climate Connections	12:50pm	1/24/25	Recorded	2 Minutes	Nonprofit works to support crops grown in the Mississippi Delta: Delta Harvest is partnering with the World Wildlife Fund to create a network of women and Black-owned specialty rice farms.
News	6:15am; 7:15am; 8:15am	1/27/25	Live	10 seconds	Average gasoline prices in Illinois are unchanged in the last week, averaging \$3.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	1/27/25	Live	30 seconds	Average gasoline prices in Illinois are unchanged in the last week, averaging \$3.23/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	1/27/25	Recorded	2 Minutes	Cargo trucks cause a lot of pollution. Electrifying them could help: At the ports of Los Angeles and Long Beach, California, a coalition plans to lease electric trucks and offer affordable charging.
Climate Connections	12:50pm	1/28/25	Recorded	2 Minutes	Denver nonprofit transforms city lots into lush food forests: The Urban gardens offer free fruit and a shady retreat.
Climate Connections	12:50pm	1/29/25	Recorded	2 Minutes	Pumped hydro systems could help solve the challenge of renewable energy storage: They can store a large amount of clean energy, releasing it when it's needed most.
Climate Connections	12:50pm	1/30/25	Recorded	2 Minutes	Mushroom grower finds new purpose for New York's food scraps: Scraps from restaurants and stores are used to grow blue oysters, chestnut mushrooms, and more.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	Illinois democrats are reintroducing a bill they say could make some medications more affordable.
News	6:45am; 7:45am; 8:45am	1/31/25	Live	30 seconds	Capitol News Illinois reports the board would review high-cost drugs and determine whether they are affordable.
Climate Connections	12:50pm	1/31/25	Recorded	2 Minutes	Rising electricity demand could mean more fossil fuels – for now. But investments in clean energy and efficiency could help in the long term.
Climate Connections	12:50pm	2/3/25	Recorded	2 Minutes	Tips: How to save on gas money and reduce pollution: Here's how to make your car more fuel-efficient.
News	6:15am; 7:15am; 8:15am	2/4/25	Live	10 seconds	A National Retail Federation survey shows that shoppers plan on spending an average of 189 dollars this Valentine's Day... which is up about three dollars over last year.
News	6:45am; 7:45am; 8:45am	2/4/25	Live	30 seconds	A National Retail Federation survey shows that shoppers plan on spending an average of 189 dollars this Valentine's Day... which is up about three dollars over last year.
Climate Connections	12:50pm	2/4/25	Recorded	2 Minutes	Wildlife is slowly returning to Colorado forests that burned in 2020: Motion-detector cameras and audio recorders are helping researchers track the recovery.
News	6:15am; 7:15am; 8:15am	2/5/25	Live	10 seconds	America's largest breakfast chain is raising some of its prices.
News	6:45am; 7:45am; 8:45am	2/5/25	Live	30 seconds	America's largest breakfast chain is raising some of its prices.
Climate Connections	12:50pm	2/5/25	Recorded	2 Minutes	Cows eat seaweed, planet breathes easier: A dash of seaweed in a cow's diet slashes the climate-warming methane usually released in their burps.
News	6:15am; 7:15am; 8:15am	2/6/25	Live	10 seconds	Mattoon Chamber Director Ed Dowd says Texas Roadhouse is coming to the Emerald Acres Sports Connection.
News	6:15am; 7:15am; 8:15am	2/6/25	Live	10 seconds	A new study from the University of Cincinnati Economic Center says ... retail brings in more than seven billion dollars in tax revenue a year for Illinois, according to Capitol News Illinois.
News	6:45am; 7:45am; 8:45am	2/6/25	Live	30 seconds	Mattoon Chamber Director Ed Dowd says Texas Roadhouse is coming to the Emerald Acres Sports Connection.
Climate Connections	12:50pm	2/6/25	Recorded	2 Minutes	Extreme weather's dark aftermath: a rise in domestic violence. Research links storms, floods, and landslides to increased intimate partner violence – even years later.
News	6:15am; 7:15am; 8:15am	2/7/25	Live	10 seconds	Fed Ex says employees at locations in Effingham and Urbana were recently notified about their locations closing.
News	6:15am; 7:15am; 8:15am	2/7/25	Live	10 seconds	Allstate insurance says it will pay out one-point-one Billion dollars in claims due to the California wildfires.

News	6:45am; 7:45am; 8:45am	2/7/25	Live	30 seconds	Fed Ex says employees at locations in Effingham and Urbana were recently notified about their locations closing.
Climate Connections	12:50pm	2/7/25	Recorded	2 Minutes	Nature's pest control workers are in peril: Bats devour insects, but many species are in trouble because of climate change and disease.
News	6:15am; 7:15am; 8:15am	2/10/25	Live	10 seconds	Average gasoline prices in Illinois have risen 0.6 cents per gallon in the last week, averaging \$3.21 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois
Climate Connections	12:50pm	2/10/25	Recorded	2 Minutes	Teddy Roosevelt is getting a climate-friendly presidential library. A North Dakota building honoring the Republican president will include native grasses planted on the roof, geothermal wells, and solar panels.
Climate Connections	12:50pm	2/11/25	Recorded	2 Minutes	The EV revolution is creating new job opportunities: As chargers expand across the U.S., more technicians are needed to troubleshoot them.
Climate Connections	12:50pm	2/12/25	Recorded	2 Minutes	Supermarket coolers are heating the planet: The stores refrigerate food using systems that often leak powerful climate-warming gases called HFCs.
News	6:15am; 7:15am; 8:15am	2/13/25	Live	10 seconds	The Avon Theater in Decatur announced its closure on Facebook ... bringing an end to its 109 year run.
Climate Connections	12:50pm	2/13/25	Recorded	2 Minutes	A defense against wildfires: The Sustainable Forestry Initiative is helping landowners protect their timber forests as wildfire threats grow.
Climate Connections	12:50pm	2/14/25	Recorded	2 Minutes	Sound recordings can lure wildlife to newly restored habitats: Recordings of songs, calls, and chirps can encourage animals to return after a wildfire.
News	6:15am; 7:15am; 8:15am	2/17/25	Live	10 seconds	Joann Fabrics is closing 500 stores ... including the location in Mattoon. The company says the move is necessary as it navigates the bankruptcy process.
News	6:15am; 7:15am; 8:15am	2/17/25	Live	10 seconds	The National weather service's Lincoln office says Ruth Ann Williams of Tuscola has been observing daily temperatures ... rainfall ... and snowfall for 25 years ... as part of their Cooperative Weather Observer Program.
News	6:45am; 7:45am; 8:45am	2/17/25	Live	30 seconds	Joann Fabrics is closing 500 stores ... including the location in Mattoon. The company says the move is necessary as it navigates the bankruptcy process.
Climate Connections	12:50pm	2/17/25	Recorded	2 Minutes	Climate change threatens habitats that many endangered species need to thrive: Conservation efforts must take climate change into account when protecting habitat.
News	6:15am; 7:15am; 8:15am	2/18/25	Live	10 seconds	Winter storms pummeled the eastern U.S. over the weekend ... killing at least a dozen people.
Climate Connections	12:50pm	2/18/25	Recorded	2 Minutes	Why is it so cold outside when the climate is warming?
Climate Connections	12:50pm	2/19/25	Recorded	2 Minutes	An answer to a perennial question: Why a professional skimountaineer ran for a Senate seat: She didn't want to stay on the sidelines.
Climate Connections	12:50pm	2/20/25	Recorded	2 Minutes	What not to do during a wildfire: It's tempting to stay behind even if you're told to evacuate. Here's why that's dangerous.
Climate Connections	12:50pm	2/21/25	Recorded	2 Minutes	How the Trans Disaster Relief Fund helps with housing and more after disasters: Recovering from a disaster can be especially hard for trans people.
News	6:15am; 7:15am; 8:15am	2/24/25	Live	10 seconds	Average gasoline prices in Illinois have fallen 2.5 cents per gallon in the last week, averaging \$3.22 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois
News	6:45am; 7:45am; 8:45am	2/24/25	Live	30 seconds	Average gasoline prices in Illinois have fallen 2.5 cents per gallon in the last week, averaging \$3.22 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois
Climate Connections	12:50pm	2/24/25	Recorded	2 Minutes	Warming Arctic could force seabirds to new feeding grounds: Researchers are struggling to track shifting populations as ice conditions change.
News	6:15am; 7:15am; 8:15am	2/25/25	Live	10 seconds	The Land Trust Accreditation Commission announced this month they've accredited Grand Prairie Friends ... which owns eight nature areas ... including Warbler Ridge Conservation Area near Charleston.
News	6:45am; 7:45am; 8:45am	2/25/25	Live	30 seconds	The Land Trust Accreditation Commission announced this month they've accredited Grand Prairie Friends ... which owns eight nature areas ... including Warbler Ridge Conservation Area near Charleston.
Climate Connections	12:50pm	2/25/25	Recorded	2 Minutes	Art shines a light on urban flooding in Philadelphia: A new community space in the Germantown neighborhood helps residents understand and prepare for storms.
News	6:15am; 7:15am; 8:15am	2/26/25	Live	10 seconds	The U.S. Army Corps (core) of Engineers plans to temporarily close the Whitley Creek and Sullivan Beach Recreation areas at Lake Shelbyville ... for a dredging project.

News	6:45am; 7:45am; 8:45am	2/26/25	Live	30 seconds	The U.S. Army Corps (core) of Engineers plans to temporarily close the Whiteley Creek and Sullivan Beach Recreation areas at Lake Shelbyville ... for a dredging project.
Climate Connections	12:50pm	2/26/25	Recorded	2 Minutes	Scientists are trying to figure out how to help the ocean absorb even more climate-changing pollution: They want to accelerate a natural process that locks down carbon dioxide for thousands of years.
News	6:15am; 7:15am; 8:15am	2/27/25	Live	10 seconds	U.S. Department of Agriculture Secretary Brooke Rollins is outlining a new strategy she says will mitigate the spread of bird flu and lower egg prices.
Climate Connections	12:50pm	2/27/25	Recorded	2 Minutes	'Holy cow!' Mangroves discovered in Georgia, farther north than ever before: A warmer climate is enabling the trees to grow outside of Florida for the first time.
News	6:15am; 7:15am; 8:15am	2/28/25	Live	10 seconds	The 15th Annual Spring into Gardening Conference will be tomorrow morning at 8 at the Wesley United Methodist Church in Charleston.
Climate Connections	12:50pm	2/28/25	Recorded	2 Minutes	Aluminum is essential to many everyday products – but at what environmental cost? Demand for many of those products is growing rapidly.
Climate Connections	12:50pm	3/3/25	Recorded	2 Minutes	Climate change is forcing pregnant caribou to make dangerous decisions: Early ice melt means caribou have to swim or walk longer routes to reach birthing grounds.
Climate Connections	12:50pm	3/4/25	Recorded	2 Minutes	How to sort fact from fiction after a weather disaster: In emergency situations, inaccurate rumors can spread like wildfire.
Climate Connections	12:50pm	3/5/25	Recorded	2 Minutes	Why electric cars might save you money in the future: EV drivers often save big on certain costs in the long run.
News	6:15am; 7:15am; 8:15am	3/6/25	Live	10 seconds	Average gasoline prices in Illinois have fallen 4.4 cents per gallon in the last week, averaging \$3.18 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	3/6/25	Live	30 seconds	Average gasoline prices in Illinois have fallen 4.4 cents per gallon in the last week, averaging \$3.18 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	3/6/25	Recorded	2 Minutes	A 'scavenger hunt' that could help preserve Rocky Mountain alpine plants: Emily Griffoul of Colorado's Betty Ford Alpine Gardens is searching mountain landscapes for plants that are in trouble as the climate warms.
News	6:15am; 7:15am; 8:15am	3/7/25	Live	10 seconds	Lake Mattoon is looking for volunteers to meet at the marina for a Christmas tree drop on Saturday morning at 9:00.
Climate Connections	12:50pm	3/7/25	Recorded	2 Minutes	For Arctic scientists, climate change is impossible to ignore: Researchers at a remote station in Canada's Northwest Territories have contended with wildfire and melting permafrost.
Climate Connections	12:50pm	3/10/25	Recorded	2 Minutes	Energy-efficient housing doesn't have to be as expensive as you might think: Boston's Kenzi project blends cutting-edge energy efficiency with affordability.
Climate Connections	12:50pm	3/11/25	Recorded	2 Minutes	When the power went out, an electric car kept the AC running: A Georgia man used his EV to stay cool for days after Hurricane Helene.
Climate Connections	12:50pm	3/12/25	Recorded	2 Minutes	Vermont resident quits traveling by plane: 'I found slowing down, particularly spending most of my transportation time walking and biking and taking the train, brings me great joy.'
Climate Connections	12:50pm	3/13/25	Recorded	2 Minutes	Warning climate disrupts food prices in northern Ontario: Shorter ice seasons make transportation and hunting more difficult.
Climate Connections	12:50pm	3/14/25	Recorded	2 Minutes	Climate disasters hit harder when you don't have a bank account: People without bank accounts can face difficulty receiving aid.
News	6:15am; 7:15am; 8:15am	3/17/25	Live	10 seconds	Average gasoline prices in Illinois have risen 4.2 cents per gallon in the last week, averaging \$3.22/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:15am; 7:15am; 8:15am	3/17/25	Live	10 seconds	Predictions of dangerous weekend weather came true as a dynamic storm spawned tornadoes, dust storms and wildfires that killed more than three dozen people.
News	6:45am; 7:45am; 8:45am	3/17/25	Live	30 seconds	Average gasoline prices in Illinois have risen 4.2 cents per gallon in the last week, averaging \$3.22/g today, according to GasBuddy's survey of 4,378 stations in Illinois.

Climate Connections	12:50pm	3/17/25	Recorded	2 Minutes	More support needed for disaster survivors who speak little English: A law requires federal relief efforts to try to reach people with limited English
Climate Connections	12:50pm	3/18/25	Recorded	2 Minutes	What to do when you return home after a wildfire: Check for structural damage and gas leaks and take pictures of damage before you move back in.
Climate Connections	12:50pm	3/19/25	Recorded	2 Minutes	Natural building material could be used for safer refugee housing: Jutin, a material made from jute, can be used to build sturdy yet lightweight structures that stay cooler during summer heat.
News	6:15am; 7:15am; 8:15am	3/20/25	Live	10 seconds	Another storm system affected the area yesterday with people facing tornado warnings, high winds and thunderstorms in the region.
Climate Connections	12:50pm	3/20/25	Recorded	2 Minutes	Wildfire survivor says it should be easier for the public to access satellite information: Brianna Pagán, a satellite expert, lost her home in a wildfire.
News	6:15am; 7:15am; 8:15am	3/21/25	Live	10 seconds	Rural King is investing in the development of a new private aviation hangar in partnership with Coles County Memorial Airport.
News	6:45am; 7:45am; 8:45am	3/21/25	Live	30 seconds	Rural King is investing in the development of a new private aviation hangar in partnership with Coles County Memorial Airport.
Climate Connections	12:50pm	3/21/25	Recorded	2 Minutes	Heat pump water heater: climate hero? Western utilities are testing the potential of heat pump water heaters to heat up water during times when solar energy is abundant.
News	6:15am; 7:15am; 8:15am	3/24/25	Live	10 seconds	Average gasoline prices in Illinois have risen 17.6 cents per gallon in the last week, averaging \$3.39 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	3/24/25	Live	30 seconds	Average gasoline prices in Illinois have risen 17.6 cents per gallon in the last week, averaging \$3.39 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	3/24/25	Recorded	2 Minutes	How a solar job training program changed one woman's life: Today, Jacinta Goggles is working to expand solar access on the Wind River Reservation.
News	6:15am; 7:15am; 8:15am	3/25/25	Live	10 seconds	Rural King is creating a new private aviation hanger at the Coles County Memorial Airport.
News	6:45am; 7:45am; 8:45am	3/25/25	Live	30 seconds	Rural King is creating a new private aviation hanger at the Coles County Memorial Airport.
Climate Connections	12:50pm	3/25/25	Recorded	2 Minutes	A Colorado couple invested in wildfire protection for their home. It paid off: Months before a wildfire, they'd taken steps to prevent fires from reaching their house.
News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	The Illinois Farm Bureau is awarding a series of grants meant to strengthen rural communities including one that will fund I-V pumps for ambulances in the Greenup Fire Protection District.
News	6:45am; 7:45am; 8:45am	3/26/25	Live	30 seconds	The Illinois Farm Bureau is awarding a series of grants meant to strengthen rural communities including one that will fund I-V pumps for ambulances in the Greenup Fire Protection District.
Climate Connections	12:50pm	3/26/25	Recorded	2 Minutes	Clean energy is powering local economies in Texas:
News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	Wind, solar, and battery storage projects are generating billions in tax revenue for communities, a University of Texas study finds.
News	6:45am; 7:45am; 8:45am	3/26/25	Live	30 seconds	Hurricane Katrina survivors offer emotional support to Helene survivors: A New Orleans native set up a buddy system that pairs people across state lines.
Climate Connections	12:50pm	3/27/25	Recorded	2 Minutes	Goodbye gas, hello sustainability: A California couple ditched gas, converting their home to run entirely on clean electricity
Climate Connections	12:50pm	3/28/25	Recorded	2 Minutes	Average gasoline prices in Illinois have risen 3.8 cents per gallon in the last week, averaging \$3.43 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:15am; 7:15am; 8:15am	3/31/25	Live	10 seconds	Average gasoline prices in Illinois have risen 3.8 cents per gallon in the last week, averaging \$3.43 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	3/31/25	Live	30 seconds	Wasted energy could be costing you thousands: An HVAC expert says an energy audit can show homeowners which upgrades will help the most.
Climate Connections	12:50pm	3/31/25	Recorded	2 Minutes	Interview with Brenda Pierce of the Coles County Master Gardeners on programs, plant/crop advice.
Issues/Attitudes	12n	2/31/25	Live	30 Minutes	

## 4. Crime

Program Title	Time	Date	Source	Length	Description
News	6:15am; 7:15am; 8:15am	1/9/25	Live	10 seconds	The Mattoon Police Department teamed up with IDOT for the Drive Sober or Get Pulled over campaign December 13th through January 2nd.
News	6:45am; 7:45am; 8: 45am	1/9/25	Live	30 seconds	The Mattoon Police Department teamed up with IDOT for the Drive Sober or Get Pulled over campaign December 13th through January 2nd.
News	6:15am; 7:15am; 8:15am	1/14/25	Live	10 seconds	Mattoon police arrested Dennis White who accused of hitting his ex wife with a truck in a Walmart parking lot.
News	6:45am; 7:45am; 8: 45am	1/14/25	Live	30 seconds	Mattoon police arrested Dennis White who accused of hitting his ex wife with a truck in a Walmart parking lot.
News	6:15am; 7:15am; 8:15am	1/15/25	Live	10 seconds	Dennis White appeared in court on charges of hitting his ex wife and her husband with a truck in the Walmart parking lot in Mattoon.
News	6:15am; 7:15am; 8: 45am	1/14/25	Live	10 seconds	Police in Findlay say they arrested Eldon Cowgill of Lovington Saturday morning ... after an investigation into burglaries in the village.
News	6:15am; 7:15am; 8:15am	1/15/25	Live	10 seconds	Former Illinois House Speaker Michael Madigan continues on the witness stand in his federal corruption trial this week.
News	6:45am; 7:45am; 8: 45am	1/15/25	Live	10 seconds	Dennis White appeared in court on charges of hitting his ex wife and her husband with a truck in the Walmart parking lot in Mattoon.
News	6:45am; 7:45am; 8: 45am	1/15/25	Live	30 seconds	Police in Findlay say they arrested Eldon Cowgill of Lovington Saturday morning ... after an investigation into burglaries in the village.
News	6:15am; 7:15am; 8:15am	1/21/25	Live	10 seconds	The Illinois State Police continues to target vehicle theft, hijacking, and related violent crimes using grant funding from the Illinois Secretary of State Illinois Vehicle Hijacking and Motor Vehicle Theft Prevention and Insurance Verification Council.
News	6:15am; 7:15am; 8:15am	1/22/25	Live	10 seconds	Dennis White, who is charged with hitting his ex-wife with a truck at the Mattoon Wal Mart, has again been ordered to stay in jail.
News	6:15am; 7:15am; 8:15am	1/22/25	Live	10 seconds	President Donald Trump pardoned more than 15-hundred people Monday ... all charged in the January Sixth attack on the U.S. Capitol back in 20-21.
News	6:45am; 7:45am; 8: 45am	1/22/25	Live	30 seconds	Dennis White, who is charged with hitting his ex-wife with a truck at the Mattoon Wal Mart, has again been ordered to stay in jail.
News	6:15am; 7:15am; 8:15am	1/23/25	Live	10 seconds	Charleston police say they arrested 21-year-old Timia Perry Sunday afternoon ... after being called to reports of a domestic battery on Arthur Avenue.
News	6:45am; 7:45am; 8: 45am	1/23/25	Live	30 seconds	Charleston police say they arrested 21-year-old Timia Perry Sunday afternoon ... after being called to reports of a domestic battery on Arthur Avenue.
News	6:15am; 7:15am; 8:15am	1/24/25	Live	10 seconds	Capitol News Illinois reports that closing arguments are underway in the federal corruption trial of former Illinois House Speaker Michael Madigan.
News	6:15am; 7:15am; 8:15am	1/27/25	Live	10 seconds	Charleston Police responded to the 200 block of West Lincoln Avenue early Saturday morning for a wellness check when a person grabbed a gun and turned it on himself.
News	6:45am; 7:45am; 8: 45am	1/27/25	Live	30 seconds	Charleston Police responded to the 200 block of West Lincoln Avenue early Saturday morning for a wellness check when a person grabbed a gun and turned it on himself.
News	6:15am; 7:15am; 8:15am	1/28/25	Live	10 seconds	Dennis White who is charged with hitting his ex-wife with a truck returns to court and a request to substitute judges in the case was granted.

News	6:15am; 7:15am; 8:15am	1/28/25	Live	10 seconds	As Valentine's Day approaches, FBI Springfield takes the opportunity to remind the public that online relationships are not always as they appear and too many fall prey to romance scams.
News	6:15am; 7:15am; 8:15am	1/28/25	Live	10 seconds	Valerie Ping, a former Oblong school nurse, is found NOT GUILTY of theft and drug possession.
News	6:45am; 7:45am; 8: 45am	1/28/25	Live	30 seconds	Dennis White who is charged with hitting his ex-wife with a truck returns to court and a request to substitute judges in the case was granted.
News	6:45am; 7:45am; 8: 45am	1/28/25	Live	30 seconds	As Valentine's Day approaches, FBI Springfield takes the opportunity to remind the public that online relationships are not always as they appear and too many fall prey to romance scams.
News	6:45am; 7:45am; 8: 45am	1/28/25	Live	30 seconds	Valerie Ping, a former Oblong school nurse, is found NOT GUILTY of theft and drug possession.
News	6:45am; 7:45am; 8: 45am	1/28/25	Live	30 seconds	A 17-year old has pleaded not guilty to attempted murder and battery charges ... in connection with a fight in Mattoon last month.
News	6:15am; 7:15am; 8:15am	1/29/25	Live	10 seconds	An Effingham man is headed to prison for possessing and disseminating child pornography.
News	6:45am; 7:45am; 8: 45am	1/29/25	Live	30 seconds	A 17-year old has pleaded not guilty to attempted murder and battery charges ... in connection with a fight in Mattoon last month.
News	6:45am; 7:45am; 8: 45am	1/29/25	Live	30 seconds	An Effingham man is headed to prison for possessing and disseminating child pornography.
News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	The jury is deliberating the federal case of former Illinois House Speaker Michael Madigan.
News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:45am; 7:45am; 8: 45am	1/30/25	Live	30 seconds	The jury is deliberating the federal case of former Illinois House Speaker Michael Madigan.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:45am; 7:45am; 8: 45am	1/31/25	Live	30 seconds	Students who sexually assault others at school would be expelled under a measure before Illinois lawmakers.
News	6:15am; 7:15am; 8:15am	2/3/25	Live	10 seconds	The trial of a Lovington man charged with murdering a neighbor has ended in a mistrial.
News	6:45am; 7:45am; 8: 45am	2/3/25	Live	30 seconds	Students who sexually assault others at school would be expelled under a measure before Illinois lawmakers.

News	6:45am; 7:45am; 8: 45am	2/3/25	Live	30 seconds	The trial of a Lovington man charged with murdering a neighbor has ended in a mistrial.
News	6:15am; 7:15am; 8:15am	2/4/25	Live	10 seconds	Decatur Police and other departments will take part in an enforcement blitz watching out for impaired drivers before ... during ... and after the Super Bowl.
News	6:15am; 7:15am; 8:15am	2/4/25	Live	10 seconds	The Champaign Police department is handing out free steering wheel locks to some Kia and Hyundai owners.
News	6:15am; 7:15am; 8:15am	2/5/25	Live	10 seconds	A Champaign man faces weapons charges after an incident at a bar near the University of Illinois campus.
News	6:15am; 7:15am; 8:15am	2/5/25	Live	10 seconds	A man charged with an Edgar County murder is set to appear in court this month.
News	6:15am; 7:15am; 8:15am	2/6/25	Live	10 seconds	Patty Hombuckle, the former head of the Taylorville Chamber of Commerce, pleads guilty to theft.
News	6:15am; 7:15am; 8:15am	2/6/25	Live	10 seconds	Christopher Davis, a former teacher from Sullivan, will spend time behind bars for having child pornography.
News	6:15am; 7:15am; 8:15am	2/6/25	Live	10 seconds	Patty Hombuckle, the former head of the Taylorville Chamber of Commerce, pleads guilty to theft.
News	6:45am; 7:45am; 8: 45am	2/6/25	Live	30 seconds	Christopher Davis, a former teacher from Sullivan, will spend time behind bars for having child pornography.
News	6:45am; 7:45am; 8: 45am	2/6/25	Live	30 seconds	Christopher Davis, a former teacher from Sullivan, who is already in prison ... is sentenced in Jason Engler, a former central Illinois teacher, who is already in prison ... is sentenced in another case.
News	6:15am; 7:15am; 8:15am	2/7/25	Live	10 seconds	Jason Engler, a former central Illinois teacher, who is already in prison ... is sentenced in another case.
News	6:45am; 7:45am; 8: 45am	2/7/25	Live	30 seconds	Taylorville Police say if someone has a warrant ... suspended license ... or other criminal conduct ... you can call the police department and they'll take care of the rest.
News	6:15am; 7:15am; 8:15am	2/10/25	Live	10 seconds	Taylorville Police say if someone has a warrant ... suspended license ... or other criminal conduct ... you can call the police department and they'll take care of the rest.
News	6:45am; 7:45am; 8: 45am	2/10/25	Live	30 seconds	Charleston Police say there are scams involve fraudulent listings on Facebook Marketplace.
News	6:15am; 7:15am; 8:15am	2/13/25	Live	10 seconds	Carmen Petak, a former Mattoon daycare operator, is set to go on trial ... again ... on charges of aggravated battery to a child.
News	6:15am; 7:15am; 8:15am	2/13/25	Live	10 seconds	Former Illinois House Speaker Michael Madigan, once praised as the longest-serving legislative leader in U.S. history, has been found guilty of some charges in a mixed verdict at his federal corruption trial in Chicago.
News	6:15am; 7:15am; 8:15am	2/13/25	Live	10 seconds	Charleston Police say there are scams involve fraudulent listings on Facebook Marketplace.
News	6:45am; 7:45am; 8: 45am	2/13/25	Live	30 seconds	Carmen Petak, a former Mattoon daycare operator, is set to go on trial ... again ... on charges of aggravated battery to a child.
News	6:45am; 7:45am; 8: 45am	2/13/25	Live	30 seconds	The Findlay Fire District is working to solve an arson case. Chief Ed Voltenburg says crews were dispatched to a fire early February 9th on County Road 18-50 North.
News	6:15am; 7:15am; 8:15am	2/17/25	Live	10 seconds	The Findlay Fire District is working to solve an arson case. Chief Ed Voltenburg says crews were dispatched to a fire early February 9th on County Road 18-50 North.
News	6:45am; 7:45am; 8: 45am	2/17/25	Live	30 seconds	

News	6:15am; 7:15am; 8:15am	2/18/25	Live	10 seconds	Lester Raymind is in custody after an alleged attempted kidnapping in Arthur early yesterday morning.
News	6:15am; 7:15am; 8:15am	2/18/25	Live	10 seconds	Tyler Poole who was accused of murdering a Paris resident entered a plea agreement ... and is headed to prison.
News	6:45am; 7:45am; 8: 45am	2/18/25	Live	30 seconds	Lester Raymind is in custody after an alleged attempted kidnapping in Arthur early yesterday morning.
News	6:45am; 7:45am; 8: 45am	2/18/25	Live	30 seconds	Tyler Poole who was accused of murdering a Paris resident entered a plea agreement ... and is headed to prison.
News	6:15am; 7:15am; 8:15am	2/19/25	Live	10 seconds	Lester Raymind remains in jail... on charges of kidnapping and battery of a woman in Arthur.
News	6:15am; 7:15am; 8:15am	2/19/25	Live	10 seconds	Douglas Reed pleaded not guilty to two counts of murder and obstruction of justice in the death of his mother in Mattoon on February 7th.
News	6:45am; 7:45am; 8: 45am	2/19/25	Live	30 seconds	Lester Raymind remains in jail... on charges of kidnapping and battery of a woman in Arthur.
News	6:45am; 7:45am; 8: 45am	2/19/25	Live	30 seconds	Douglas Reed pleaded not guilty to two counts of murder and obstruction of justice in the death of his mother in Mattoon on February 7th.
News	6:15am; 7:15am; 8:15am	2/20/25	Live	10 seconds	Illinois State Police say they arrested 30-year-old Braxton Schaffenacker of Pana for child pornography... after searching his home last Thursday.
News	6:15am; 7:15am; 8:15am	2/21/25	Live	10 seconds	An Arthur man charged with trying to kidnap a teenager has been ordered held behind bars.
News	6:15am; 7:15am; 8:15am	2/24/25	Live	10 seconds	Hunter Maness remains jailed in Charleston on charges of armed violence and possessing drugs.
News	6:45am; 7:45am; 8: 45am	2/24/25	Live	30 seconds	Hunter Maness remains jailed in Charleston on charges of armed violence and possessing drugs.
News	6:15am; 7:15am; 8:15am	2/25/25	Live	10 seconds	An Indiana woman, Davetta Cox, arrested in Charleston for allegedly trying to hire a hitman ... may be changing her plea.
News	6:15am; 7:15am; 8:15am	2/25/25	Live	10 seconds	Illinois State Police say 23-year-old Ryan Emory of Tilton is charged with twelve counts of disseminating child pornography.
News	6:45am; 7:45am; 8: 45am	2/25/25	Live	30 seconds	An Indiana woman, Davetta Cox, arrested in Charleston for allegedly trying to hire a hitman ... may be changing her plea.
News	6:15am; 7:15am; 8:15am	2/26/25	Live	10 seconds	Court records show jurors found Maverick Bowman of Mattoon guilty of drug induced homicide ... but not guilty of first degree murder.
News	6:15am; 7:15am; 8:15am	2/26/25	Live	10 seconds	Police are investigating a sexual assault case on the University of Illinois campus that occurred on February 20th.
News	6:45am; 7:45am; 8: 45am	2/26/25	Live	30 seconds	Court records show jurors found Maverick Bowman of Mattoon guilty of drug induced homicide ... but not guilty of first degree murder.
News	6:15am; 7:15am; 8:15am	2/28/25	Live	10 seconds	Kelly Nichols, who was found guilty on several counts of child pornography, has filed what's called a motion for relief from judgment in Macon County Court.
News	6:15am; 7:15am; 8:15am	2/28/25	Live	10 seconds	Sean Grayson, the former Sangamon County sheriff's deputy accused of murdering Sonya Massey, wants his trial moved to another county.
News	6:45am; 7:45am; 8: 45am	2/28/25	Live	30 seconds	Kelly Nichols, who was found guilty on several counts of child pornography, has filed what's called a motion for relief from judgment in Macon County Court.

News	6:45am; 7:45am; 8: 45am	2/28/25	Live	30 seconds	Sean Grayson, the former Sangamon County sheriff's deputy accused of murdering Sonya Massey, wants his trial moved to another county.
News	6:15am; 7:15am; 8:15am	3/3/25	Live	10 seconds	Kelly Nichols, a Macon County woman found guilty on several counts of child pornography, will be sentenced in April.
News	6:45am; 7:45am; 8: 45am	3/3/25	Live	30 seconds	Kelly Nichols, a Macon County woman found guilty on several counts of child pornography, will be sentenced in April.
News	6:15am; 7:15am; 8:15am	3/4/25	Live	10 seconds	The Charleston Police Department is spreading the word about a ... Phishing Scam, with people getting text messages regarding unpaid tolls.
News	6:45am; 7:45am; 8: 45am	3/4/25	Live	30 seconds	The Charleston Police Department is spreading the word about a ... Phishing Scam, with people getting text messages regarding unpaid tolls.
News	6:15am; 7:15am; 8:15am	3/7/25	Live	10 seconds	The Effingham County sheriff's office says they arrested 48-year-old Martin Butler on Monday for sexually assaulting a person between thirteen and seventeen years old.
News	6:15am; 7:15am; 8:15am	3/7/25	Live	10 seconds	The Jasper County sheriff's office says in the past seven months ... three A-T-Vs ... one side by side and two trailers have been stolen.
News	6:15am; 7:15am; 8:15am	3/7/25	Live	10 seconds	21 year old Andrew Hamrick of Charleston was denied pre-trial release after his arrest for armed violence during an alleged fight on March 1st.
News	6:45am; 7:45am; 8: 45am	3/7/25	Live	30 seconds	The Effingham County sheriff's office says they arrested 48-year-old Martin Butler on Monday for sexually assaulting a person between thirteen and seventeen years old.
News	6:45am; 7:45am; 8: 45am	3/7/25	Live	30 seconds	The Jasper County sheriff's office says in the past seven months ... three A-T-Vs ... one side by side and two trailers have been stolen.
News	6:45am; 7:45am; 8: 45am	3/7/25	Live	30 seconds	21 year old Andrew Hamrick of Charleston was denied pre-trial release after his arrest for armed violence during an alleged fight on March 1st.
News	6:15am; 7:15am; 8:15am	3/11/25	Live	10 seconds	The Moultrie County state's attorney's office says ... on March 5th ... the East Central Illinois Task Force executed a search warrant at the home of 59-year-old Dorothy Meador and found more than 20 grams of substances that tested positive for methamphetamine
News	6:45am; 7:45am; 8: 45am	3/11/25	Live	10 seconds	The Moultrie County state's attorney's office says ... on March 5th ... the East Central Illinois Task Force executed a search warrant at the home of 59-year-old Dorothy Meador and found more than 20 grams of substances that tested positive for methamphetamine
News	6:45am; 7:45am; 8:15am	3/11/25	Live	30 seconds	Charleston Police arrested 25-year-old Xzavier Lloyd, who is accused of battering his domestic partner in the 11-hundred block of Madison Avenue.
News	6:15am; 7:15am; 8:15am	3/12/25	Live	10 seconds	The University of Illinois issued a campus wide safety notice saying a person was sexually assaulted around midnight Saturday at a fraternity house.
News	6:15am; 7:15am; 8:15am	3/12/25	Live	10 seconds	Charleston Police arrested 25-year-old Xzavier Lloyd, who is accused of battering his domestic partner in the 11-hundred block of Madison Avenue.
News	6:45am; 7:45am; 8:45am	3/12/25	Live	30 seconds	Keith Green of Ashmore, a former substitute teacher charged with grooming, goes on trial today in Coles County.
News	6:15am; 7:15am; 8:15am	3/13/25	Live	10 seconds	Charleston police say they were called to the 700 block of West State Street Monday ... on reports of a domestic battery, where they arrested Jershon Berglund.
News	6:15am; 7:15am; 8:15am	3/13/25	Live	10 seconds	Police say a man has been shot outside of a Chicago O'Hare International Airport terminal yesterday following an altercation among multiple people.
News	6:15am; 7:15am; 8:15am	3/13/25	Live	10 seconds	

News	6:45am; 7:45am; 8:45am	3/13/25	Live	30 seconds	Keith Green of Ashmore, a former substitute teacher charged with grooming, goes on trial today in Coles County.
News	6:45am; 7:45am; 8:45am	3/13/25	Live	30 seconds	Charleston police say they were called to the 700 block of West State Street Monday ... on reports of a domestic battery, where they arrested Jershon Berglund.
News	6:15am; 7:15am; 8:15am	3/14/25	Live	10 seconds	Arthur Village officials say that have been many thefts from unlocked vehicles and businesses.
News	6:15am; 7:15am; 8:15am	3/14/25	Live	10 seconds	A new public safety unit called the Real-Time Information Center helped track down a sexual abuse suspect in Champaign.
News	6:45am; 7:45am; 8:45am	3/14/25	Live	30 seconds	Arthur Village officials say that have been many thefts from unlocked vehicles and businesses.
News	6:15am; 7:15am; 8:15am	3/19/25	Live	10 seconds	Legislation that would prohibit public school students from using cell phones and other wireless communication devices during class time cleared a Senate committee Tuesday and could soon be considered by the full Senate, according to Capitol News Illinois.
News	6:15am; 7:15am; 8:15am	3/20/25	Live	10 seconds	The Mattoon Police Department announced it made 2 DUI arrests and issued 1 seat belt citation during the St. Patrick's Day enforcement period.
News	6:45am; 7:45am; 8:45am	3/20/25	Live	30 seconds	The Mattoon Police Department announced it made 2 DUI arrests and issued 1 seat belt citation during the St. Patrick's Day enforcement period.
News	6:15am; 7:15am; 8:15am	3/25/25	Live	10 seconds	Edgar County authorities say Stefanie Sanders pled guilty recently after they say she set a deadly fire that killed Michael Phipps and infant Nettie Phipps in 2021.
News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	Sullivan Police says 27-year-old Jace Logan, a Mattoon school district employee, has been charged with five counts of aggravated criminal sexual abuse.
News	6:45am; 7:45am; 8:45am	3/26/25	Live	30 seconds	Sullivan Police says 27-year-old Jace Logan, a Mattoon school district employee, has been charged with five counts of aggravated criminal sexual abuse.
News	6:15am; 7:15am; 8:15am	3/27/25	Live	10 seconds	Mattoon Police say they visited multiple locations after getting complaints people under 21 were being sold tobacco and found seven failed compliance checks.
News	6:45am; 7:45am; 8:45am	3/27/25	Live	30 seconds	Mattoon Police say they visited multiple locations after getting complaints people under 21 were being sold tobacco and found seven failed compliance checks.
News	6:15am; 7:15am; 8:15am	3/28/25	Live	10 seconds	The second trial for Matthew Nation of Lovington who is charged with murdering a neighbor is scheduled to start in July.
News	6:15am; 7:15am; 8:15am	3/28/25	Live	10 seconds	Charleston Police say they arrested 37-year-old Arnell Nettles after he threatened to harm the officers and their families.
News	6:45am; 7:45am; 8:45am	3/28/25	Live	30 seconds	The second trial for Matthew Nation of Lovington who is charged with murdering a neighbor is scheduled to start in July.
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## 5. Government

Program Title	Time	Date	Source	Length	Description
News	6:15am; 7:15am; 8:15am	1/13/25	Live	10 seconds	The Coles County Board Finance Committee will meet on Monday at 5:00.
News	6:45am; 7:45am; 8:45am	1/13/25	Live	30 seconds	The Coles County Board Finance Committee will meet on Monday at 5:00.
News	6:15am; 7:15am; 8:15am	1/18/25	Live	10 seconds	In surprising move, former longtime Illinois House Speaker Michael Madigan has taken the stand at his own corruption trial.
News	6:15am; 7:15am; 8:15am	1/19/25	Live	10 seconds	The Macon County Conservation District invites you to join us on one of three Eagle Viewing Trips in January and February.
News	6:15am; 7:15am; 8:15am	1/19/25	Live	10 seconds	The Illinois Department of Public Health the state's overall respiratory illness level has ticked up from Moderate to High.
News	6:45am; 7:45am; 8:45am	1/10/25	Live	30 seconds	The Macon County Conservation District invites you to join us on one of three Eagle Viewing Trips in January and February.
News	6:15am; 7:15am; 8:15am	1/13/25	Live	10 seconds	The Coles County Board will meet in regular session tomorrow at 6:00 in the County Board Office.
News	6:45am; 7:45am; 8:45am	1/13/25	Live	30 seconds	The Coles County Board will meet in regular session tomorrow at 6:00 in the County Board Office.
News	6:15am; 7:15am; 8:15am	1/14/25	Live	10 seconds	The state's minimum wage has risen from 14 dollars an hour to 15 dollars an hour.
News	6:15am; 7:15am; 8:15am	1/14/25	Live	10 seconds	State lawmakers have passed a bill to protect nursing home residents who report problems at their facilities.
News	6:45am; 7:45am; 8:45am	1/14/25	Live	30 seconds	The state's minimum wage has risen from 14 dollars an hour to 15 dollars an hour.
News	6:45am; 7:45am; 8:45am	1/14/25	Live	30 seconds	State lawmakers have passed a bill to protect nursing home residents who report problems at their facilities.
News	6:15am; 7:15am; 8:15am	1/15/25	Live	10 seconds	Former Illinois House Speaker Michael Madigan continues on the witness stand in his federal corruption trial this week.
News	6:15am; 7:15am; 8:15am	1/16/25	Live	10 seconds	The Illinois State Treasurer's Office says ... in 2024 ... they processed over 300-thousand claims through Illinois' missing money program, I-CASH.
News	6:15am; 7:15am; 8:15am	1/16/25	Live	10 seconds	State Senator Chapin Rose is collecting Valentine's Day cards for the annual Valentines for Seniors Card Drive.
News	6:15am; 7:15am; 8:15am	1/16/25	Live	10 seconds	The I-R-S says January 27th is the first day the agency will start accepting and processing 20-24 income tax returns.
News	6:45am; 7:45am; 8:45am	1/16/25	Live	30 seconds	The Illinois State Treasurer's Office says ... in 2024 ... they processed over 300-thousand claims through Illinois' missing money program, I-CASH.
News	6:45am; 7:45am; 8:45am	1/16/25	Live	30 seconds	State Senator Chapin Rose is collecting Valentine's Day cards for the annual Valentines for Seniors Card Drive.
News	6:15am; 7:15am; 8:15am	1/21/25	Live	10 seconds	State Senator Chapin Rose is collecting Valentine's Day cards for the annual Valentines for Seniors Card Drive.
News	6:15am; 7:15am; 8:15am	1/21/25	Live	10 seconds	Governor JB Pritzker announced \$14.7 million in federal grant funding will be used to extend the state's Local Food Purchase Assistance Cooperative Agreement Program beyond June 30th.
News	6:45am; 7:45am; 8:45am	1/21/25	Live	10 seconds	State Senator Chapin Rose is collecting Valentine's Day cards for the annual Valentines for Seniors Card Drive.
News	6:15am; 7:15am; 8:15am	1/22/25	Live	10 seconds	President Donald Trump pardoned more than 15-hundred people Monday ... all charged in the January Sixth attack on the U.S. Capitol back in 2021.
News	6:15am; 7:15am; 8:15am	1/23/25	Live	10 seconds	The city of Mattoon is looking for public input on a new safety plan and are looking for ideas to address pedestrian and vehicle safety concerns.
News	6:15am; 7:15am; 8:15am	1/23/25	Live	10 seconds	The Illinois Department of Public Health recently launched an online dashboard that tracks data on violent deaths and firearm injuries.
News	6:15am; 7:15am; 8:15am	1/23/25	Live	10 seconds	The city of Mattoon is looking for public input on a new safety plan and are looking for ideas to address pedestrian and vehicle safety concerns.
News	6:45am; 7:45am; 8:45am	1/23/25	Live	30 seconds	Capitol News Illinois reports that closing arguments are underway in the federal corruption trial of former Illinois House Speaker Michael Madigan.
News	6:15am; 7:15am; 8:15am	1/24/25	Live	10 seconds	Capitol News Illinois reports that closing arguments are underway in the federal corruption trial of former Illinois House Speaker Michael Madigan.
News	6:15am; 7:15am; 8:15am	1/27/25	Live	10 seconds	The I-R-S will begin accepting 20-24 federal tax returns today with the deadline to file will be April 15th.
News	6:45am; 7:45am; 8:45am	1/27/25	Live	10 seconds	The Consumer Product Safety Commission says nearly 8-thousand Vornado Brand room heaters are being recalled.
News	6:15am; 7:15am; 8:15am	1/27/25	Live	10 seconds	Illinois Attorney General ... Kwame Raoul ... urges potential donors to wild fire relief to research the organization they plan on donating to.
News	6:15am; 7:15am; 8:15am	1/28/25	Live	10 seconds	The Internal Revenue Service is now accepting 20-24 Federal tax returns and the deadline to file is April 15th.
News	6:45am; 7:45am; 8:45am	1/28/25	Live	10 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	The jury is deliberating the federal case of former Illinois House Speaker Michael Madigan.
News	6:15am; 7:15am; 8:15am	1/30/25	Live	10 seconds	The Consumer Product Safety Commission is sounding the alarm on "Babypark" sling carriers and is urging customers to stop using them due to a fall risk.
News	6:45am; 7:45am; 8:45am	1/30/25	Live	30 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	PRESIDENT TRUMP OFFERING CONDOLOANCES - AFTER A PASSENGER PLANE COLLIDED WITH A US ARMY BLACK HAWK HELICOPTER MIDAIR OVER WASHINGTON LATE WEDNESDAY NIGHT.

News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	The jury is deliberating the federal case of former Illinois House Speaker Michael Madigan.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	The Consumer Product Safety Commission is sounding the alarm on "Babypark" sling carriers and is urging customers to stop using them due to a fall risk.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	The Champaign-Urbana Public Health District issued a warning to residents about a man pretending to be a public health official and going door-to-door in Champaign County.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	Illinois democrats are reintroducing a bill they say could make some medications more affordable.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	Capitol News Illinois reports the board would review high-cost drugs and determine whether they are affordable.
News	6:45am; 7:45am; 8:45am	1/31/25	Live	30 seconds	The Illinois Supreme Court has agreed to hear an appeal in the case of former Sangamon County sheriff's deputy Sean Grayson who charged with the murder of Sonya Massey.
News	6:45am; 7:45am; 8:45am	1/31/25	Live	30 seconds	Students who sexually assault others at school would be expelled under a measure before Illinois lawmakers.
News	6:15am; 7:15am; 8:15am	2/3/25	Live	10 seconds	The Vandalia Statehouse State Historic Site will celebrate Abraham Lincoln's 216th birthday on February 9th.
News	6:45am; 7:45am; 8:45am	2/3/25	Live	30 seconds	The Vandalia Statehouse State Historic Site will celebrate Abraham Lincoln's 216th birthday on February 9th.
News	6:15am; 7:15am; 8:15am	2/4/25	Live	10 seconds	The Coles County Veterans Support Coalition says they're moving to a new office at the Mattoon Train Depot.
News	6:15am; 7:15am; 8:15am	2/4/25	Live	10 seconds	The Illinois Department of Natural Resources says hunters managed to harvest around 170-Thousand deer during the 2024 ... 2025 archery and firearms season in Illinois.
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News	6:15am; 7:15am; 8:15am	2/7/25	Live	10 seconds	The Department of Education may soon face elimination. The Trump administration has started drafting an executive order that could eventually get rid of the D-O-E.
News	6:15am; 7:15am; 8:15am	2/7/25	Live	10 seconds	The Trump Administration wants to reduce the federal workforce five to ten percent.
News	6:45am; 7:45am; 8:45am	2/7/25	Live	30 seconds	The Department of Education may soon face elimination. The Trump administration has started drafting an executive order that could eventually get rid of the D-O-E.
News	6:15am; 7:15am; 8:15am	2/10/25	Live	10 seconds	The Illinois Department of Financial and Professional Regulation reports recording breaking cannabis sales in 20-24.
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News	6:15am; 7:15am; 8:15am	2/12/25	Live	10 seconds	The Illinois Department of Natural Resources is accepting applications for Volunteer Fire Assistance Grants until April 14th.
News	6:45am; 7:45am; 8:45am	2/12/25	Live	10 seconds	The Centers for Disease Control and Prevention estimates there's been at least 24 million illnesses ... 310-thousand hospitalizations ... and 13-thousand deaths.
News	6:15am; 7:15am; 8:15am	2/12/25	Live	10 seconds	The Commodity Futures Trading Commission has launched the "Dating or Defrauding" awareness campaign.
News	6:15am; 7:15am; 8:15am	2/12/25	Live	10 seconds	A new law called Karina's Law is on the books in Illinois that improves protections for victims of domestic violence.
News	6:15am; 7:15am; 8:15am	2/12/25	Live	10 seconds	The Centers for Disease Control and Prevention estimates there's been at least 24 million illnesses ... 310-thousand hospitalizations ... and 13-thousand deaths.
News	6:45am; 7:45am; 8:45am	2/12/25	Live	30 seconds	Former Illinois House Speaker Michael Madigan, once praised as the longest-serving legislative leader in U.S. history, has been found guilty of some charges at his federal corruption trial in Chicago.
News	6:45am; 7:45am; 8:45am	2/12/25	Live	30 seconds	Illinois Attorney General Kwame Raoul says he plans to talk with state lawmakers about the growing cost of the lawsuits between his office... and the Trump administration according to Capitol News Illinois.
News	6:15am; 7:15am; 8:15am	2/13/25	Live	10 seconds	The National Weather Service's Lincoln office says Ruth Ann Williams of Tuscola has been observing daily temperatures ... rainfall ... and snowfall for 25 years ... as part of their Cooperative Weather Observer Program.
News	6:15am; 7:15am; 8:15am	2/17/25	Live	10 seconds	The Illinois Department on Aging is requesting nominations for the 20-25 Senior Illinoisans Hall of Fame.
News	6:45am; 7:45am; 8:45am	2/18/25	Live	10 seconds	Capitol News Illinois reports Gia Biagi ... an urban planner from Chicago ... took over the Illinois Department of Transportation in January.
News	6:15am; 7:15am; 8:15am	2/18/25	Live	10 seconds	The Coles County Senior Citizens Property Tax Levy Committee will meet on Thursday at The LifeSpan Center at 12:00pm.
News	6:45am; 7:45am; 8:45am	2/18/25	Live	30 seconds	The Coles County Senior Citizens Property Tax Levy Committee will meet on Thursday at The LifeSpan Center at 12:00pm.
News	6:15am; 7:15am; 8:15am	2/19/25	Live	10 seconds	Governor J-B Pritzker will present his fiscal year 20-26 budget proposal later today ... as the state faces a multi-billion-dollar deficit according to Capitol News Illinois.
News	6:15am; 7:15am; 8:15am	2/19/25	Live	10 seconds	The Consolidated Elections is Tuesday April First. In Coles County ... people can vote early at the courthouse starting tomorrow.
News	6:15am; 7:15am; 8:15am	2/19/25	Live	10 seconds	The Illinois Department of Public Health says they've posted 305 nursing home violation reports from the fourth quarter of last year on their website.

News	6:45am: 7:45am; 8:45am	2/19/25	Live	30 seconds	Governor J-B Pritzker will present his fiscal year 20-26 budget proposal later today . as the state faces a multi-billion-dollar deficit according to Capitol News Illinois.
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News	6:15am: 7:15am; 8:15am	2/20/25	Live	10 seconds	Legislation pending in the General Assembly would require school districts to develop cell phone policies by the 2026-27 school year.
News	6:15am: 7:15am; 8:15am	2/20/25	Live	10 seconds	Governor J-B Pritzker says some community colleges could soon start offering four year bachelor's degree programs.
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News	6:15am: 7:15am; 8:15am	2/21/25	Live	10 seconds	The Illinois Department of Public Health is reporting an increase in flu cases ... compared to COVID-19 and R-S-V.
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News	6:15am: 7:15am; 8:15am	2/24/25	Live	10 seconds	The I-R-S is now accepting and processing tax returns, with this tax year coming with some important new changes.
News	6:15am: 7:15am; 8:15am	2/24/25	Live	10 seconds	The Coles County Board Health & Safety committee meeting scheduled for today at 4:30 p.m. has been cancelled.
News	6:45am: 7:45am; 8:45am	2/24/25	Live	30 seconds	State officials are urging residents to review and practice their household fire safety plan.
News	6:45am: 7:45am; 8:45am	2/24/25	Live	30 seconds	The I-R-S is now accepting and processing tax returns, with this tax year coming with some important new changes, and requesting information.
News	6:15am: 7:15am; 8:15am	2/25/25	Live	10 seconds	The Illinois Secretary of State's Office is introducing an Electronic Lien and Tiling Program for vehicles.
News	6:15am: 7:15am; 8:15am	2/25/25	Live	10 seconds	The Mattoon Public Works Department will soon launch a new online-based method of reporting issues ... and requesting information.
News	6:45am: 7:45am; 8:45am	2/25/25	Live	30 seconds	The Illinois Secretary of State's Office is introducing an Electronic Lien and Tiling Program for vehicles.
News	6:15am: 7:15am; 8:15am	2/26/25	Live	10 seconds	Former Illinois Governor Jim Edgar announces he's battling cancer.
News	6:15am: 7:15am; 8:15am	2/26/25	Live	10 seconds	Illinois lawmakers are considering whether to legalize "medical aid in dying" ... also called assisted suicide.
News	6:15am: 7:15am; 8:15am	2/26/25	Live	10 seconds	The U.S. Army Corps (core) of Engineers plans to temporarily close the Whitley Creek and Sullivan Beach Recreation areas at Lake Shelbyville ... for a dredging project.
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News	6:45am: 7:45am; 8:45am	2/27/25	Live	10 seconds	The Coles County Clerk's office has posted a sample ballot online.
News	6:45am: 7:45am; 8:45am	2/27/25	Live	10 seconds	Voters in Utterana's Democratic primary elected DeShawn Williams over opponent Annie Adams.
News	6:15am: 7:15am; 8:15am	2/27/25	Live	10 seconds	The U.S. Department of Agriculture Secretary Brooke Rollins is outlining a new strategy she says will mitigate the spread of bird flu and lower egg prices.
News	6:15am: 7:15am; 8:15am	2/27/25	Live	30 seconds	The Coles County Clerk's office has posted a sample ballot online.
News	6:15am: 7:15am; 8:15am	2/28/25	Live	10 seconds	Governor JB Pritzker says he's erasing the medical debt for 170-thousand people ... statewide and the amount is about 13-hundred dollars per person.
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News	6:15am: 7:15am; 8:15am	3/3/25	Live	10 seconds	Illinois Attorney General Kwame Raoul warns people to be aware of common ticket scams as the summer season gets closer.
News	6:15am: 7:15am; 8:15am	3/3/25	Live	10 seconds	U-S travelers will need a REAL I-D or passport to board domestic flights ... or access some federal facilities, beginning May 7th.

News	6:15am; 7:15am; 8:15am	3/3/25	Live	10 seconds	Capitol News Illinois reports a new bill could let people buying houses for the first time save for a down payment with a tax-deductible savings account.
News	6:45am; 7:45am; 8:45am	3/3/25	Live	30 seconds	The Internal Revenue Service has released its list of tax scams people should watch out for in 2025.
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News	6:15am; 7:15am; 8:15am	3/4/25	Live	10 seconds	The Illinois Department of Transportation will be replacing a bridge on Illinois Route 40 west of Martinsville starting March 17th.
News	6:15am; 7:15am; 8:15am	3/4/25	Live	10 seconds	Under proposed Illinois legislation ... families would be required to tell their school districts when they decide to homeschoo <sup>l</sup> their children.
News	6:45am; 7:45am; 8:45am	3/4/25	Live	30 seconds	The Illinois Department of Transportation will be replacing a bridge on Illinois Route 40 west of Martinsville starting March 17th.
News	6:15am; 7:15am; 8:15am	3/5/25	Live	10 seconds	The Coles County coroner says 16-year-old Charleston High School student Mason Foreman was killed in a car crash on Monday morning.
News	6:15am; 7:15am; 8:15am	3/5/25	Live	10 seconds	Mattoon voters recently approved a plan moving the city to a City Manager form of government, and city leaders held a public presentation last night laying out how that form of government works.
News	6:15am; 7:15am; 8:15am	3/5/25	Live	10 seconds	The Illinois attorney general announces the state's TOP TEN consumer complaints during National Consumer Protection Week.
News	6:15am; 7:15am; 8:15am	3/5/25	Live	10 seconds	The Decatur city council voted to prohibit Sweepstakes Kiosks in town.
News	6:15am; 7:15am; 8:15am	3/5/25	Live	10 seconds	Illinois Governor J-B Pritzker is traveling to the state to promote four year degrees at community colleges.
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News	6:15am; 7:15am; 8:15am	3/11/25	Live	10 seconds	The Moultrie County state's attorney's office says ... on March 5th ... the East Central Illinois Task Force executed a search warrant at the home of 59-year-old Dorothy Meador and found more than 20 grams of substances that tested positive for methamphetamine.
News	6:15am; 7:15am; 8:15am	3/11/25	Live	10 seconds	The Union representing the Mattoon Police Officers held a forum last night for city council candidates.
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News	6:15am; 7:15am; 8:15am	3/13/25	Live	10 seconds	State Representative Adam Niemerg says the Martinsville Fire Department recently received a 26-thousand grant from the Office of State Fire Marshal to buy new safety equipment.
News	6:15am; 7:15am; 8:15am	3/13/25	Live	10 seconds	The Coles County Sheriff's office is teaming up with the Illinois State Police and ILDOT ... saying impaired and distracted driving ... speeding ... and other traffic laws will be strictly enforced ... especially in the days leading up to St. Patrick's Day on Monday...
News	6:45am; 7:45am; 8:45am	3/13/25	Live	30 seconds	The Coles County Sheriff's Office is teaming up with the Illinois State Police and ILDOT ... saying impaired and distracted driving ... speeding ... and other traffic laws will be strictly enforced ... especially in the days leading up to St. Patrick's Day on Monday...

News	6:15am; 7:15am; 8:15am	3/14/25	Live	10 seconds	According to a U.S. Department of Agriculture market report ... the price that retailers pay for loose eggs dropped by one dollar and twenty cents ... in the first week of March.
News	6:15am; 7:15am; 8:15am	3/18/25	Live	10 seconds	There is a public hearing to consider an annexation agreement tonight at 6:15 in Council Chambers.
News	6:15am; 7:15am; 8:15am	3/18/25	Live	10 seconds	Attorney General Kwame Raoul released the Public Access Counselor Annual Report.
News	6:15am; 7:15am; 8:15am	3/18/25	Live	10 seconds	The Illinois State Board of Education announced its \$6 million teacher recruitment campaign – The Answer is Teaching – has attracted more than 17,000 individuals interested in becoming a teacher since last year.
News	6:15am; 7:15am; 8:15am	3/18/25	Live	10 seconds	The I-R-S says there's more than a billion dollars in refunds for tax year 20-21 that remain unclaimed.
News	6:15am; 7:15am; 8:15am	3/18/25	Live	10 seconds	The Illinois state treasurer is calling all young photographers to participate in this year's CREAM OF THE CROP photo contest.
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News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	The Illinois Farm Bureau is awarding a series of grants meant to strengthen rural communities, including one that will fund I-V pumps for ambulances in the Greenup Fire Protection District.
News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	New Illinois legislation prohibits nursing home staff from retaliating against residents who speak out about rule or law violations at their homes.
News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	Capitol News Illinois reports Governor JB Pritzker rejected a bill requiring warehouse workers to know quotas they are subject to at work.
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News	6:15am; 7:15am; 8:15am	3/27/25	Live	10 seconds	The City of Mattoon says ... it's providing roll-off dumpsters at the Mattoon Yard Waste Facility at Shelby Avenue and Logan Street from April 1st until the 11th.
News	6:15am; 7:15am; 8:15am	3/27/25	Live	10 seconds	There is under three weeks to file Federal Tax Returns with the deadline being April 15th.
News	6:15am; 7:15am; 8:15am	3/27/25	Live	10 seconds	The F-D-A and Coca-Cola are recalling more than ten thousand cans of the original Taste ... including some sold in Illinois.
News	6:45am; 7:45am; 8:45am	3/27/25	Live	30 seconds	The City of Mattoon says ... it's providing roll-off dumpsters at the Mattoon Yard Waste Facility at Shelby Avenue and Logan Street from April 1st until the 11th.
News	6:45am; 7:45am; 8:45am	3/28/25	Live	10 seconds	A few extra state troopers will be on patrol in Effingham next month, thanks to a program called the distracted driving campaign.
News	6:15am; 7:15am; 8:15am	3/28/25	Live	10 seconds	Illinois lawmakers are considering a series of bills aimed at improving long-term care facilities.
News	6:15am; 7:15am; 8:15am	3/28/25	Live	10 seconds	The Supreme Court has upheld a 20-22 law targeting so-called "Ghost Guns."
News	6:45am; 7:45am; 8:45am	3/28/25	Live	30 seconds	A few extra state troopers will be on patrol in Effingham next month, thanks to a program called the distracted driving campaign.
News	6:15am; 7:15am; 8:15am	3/31/25	Live	10 seconds	Mattoon police officers are teaming up with I-DOT ... the Illinois State Police and more than 200 other law enforcement agencies for Distracted Driving Awareness month.
News	6:15am; 7:15am; 8:15am	3/31/25	Live	10 seconds	Illinois is losing more than 400-million-dollars in federal funding for health services, according to Capitol News Illinois.
News	6:15am; 7:15am; 8:15am	3/31/25	Live	10 seconds	The Illinois treasurer's office says an e-Cash Auction for unclaimed property ... will run through April 6th.
News	6:45am; 7:45am; 8:45am	3/31/25	Live	30 minutes	Mattoon police officers are teaming up with I-DOT ... the Illinois State Police and more than 200 other law enforcement agencies for Distracted Driving Awareness month.
Issues/Attitudes	12n	1/13/25	Live	30 minutes	Interview with Aydin Tang, former Illinois Healing Centered Task Force Policy Chairperson.
Issues/Attitudes	12n	3/3/25	L	30 minutes	Charleston Chamber CEO Colleen Peterlich was interviewed on various topics including new business, membership and chamber news and events.

## 6. Health

Program Title	Time	Date	Source	Length	Description
Health In A Heartbeat	11:50am	1/1/25	Recorded	2 minutes	How long will you carry added holiday pounds?
News	6:15am; 7:15am; 8:15am	1/2/25	Live	10 Seconds	Illinois is now one of fewer than 10 states to provide employment protections for family caregivers.
News	6:45am; 7:45am; 8:45am	1/2/25	Live	30 Seconds	Illinois is now one of fewer than 10 states to provide employment protections for family caregivers.
Health In A Heartbeat	11:50am	1/2/25	Recorded	2 minutes	Flavanols may fight against stress eating
Health In A Heartbeat	11:50am	1/3/25	Recorded	2 minutes	New ways to make good habits stick
Health In A Heartbeat	11:50am	1/6/25	Recorded	2 minutes	New treatment coming for asthma
News	6:15am; 7:15am; 8:15am	1/7/25	Live	10 seconds	Eastern Illinois University encourages eligible students to explore two of the University's highest-impact scholarships, the EIUs Residential Scholarships and EIUs Sarah Bush Lincoln Nursing Scholarships.
Health In A Heartbeat	11:50am	1/7/25	Recorded	2 minutes	Everyday tasks help your brain
News	6:15am; 7:15am; 8:15am	1/8/25	Live	10 seconds	Nursing students are encouraged to apply now for Sarah Bush Lincoln paid summer Externship Program. Deadline to apply is April 1.
News	6:45am; 7:45am; 8:45am	1/8/25	Live	30 seconds	Nursing students are encouraged to apply now for Sarah Bush Lincoln paid summer Externship Program. Deadline to apply is April 1.
Health In A Heartbeat	11:50am	1/8/25	Recorded	2 minutes	Keep your candles from harming your health
News	6:15am; 7:15am; 8:15am	1/9/25	Live	10 seconds	The Illinois Department of Public Health the state's overall respiratory illness level has ticked up from Moderate to High.
Health In A Heartbeat	11:50am	1/9/25	Recorded	2 minutes	Eggs are particularly good for women of a certain age.
News	6:15am; 7:15am; 8:15am	1/10/25	Live	10 seconds	Registration for Renew is now open in Illinois. Renew is a program to reinvigorate the mind and body, clarify purpose, and strengthen relationships.
News	6:45am; 7:45am; 8:45am	1/10/25	Live	30 seconds	Registration for Renew is now open in Illinois. Renew is a program to reinvigorate the mind and body, clarify purpose, and strengthen relationships.
Health In A Heartbeat	11:50am	1/10/25	Recorded	2 minutes	Fat cells 'remember' big times
News	6:15am; 7:15am; 8:15am	1/13/25	Live	10 seconds	Nursing students are encouraged to apply now for Sarah Bush Lincoln paid summer Externship Program. Deadline to apply is April 1.
News	6:45am; 7:45am; 8:45am	1/13/25	Live	30 seconds	Nursing students are encouraged to apply now for Sarah Bush Lincoln paid summer Externship Program. Deadline to apply is April 1.
Health In A Heartbeat	11:50am	1/13/25	Recorded	2 minutes	Watch out for sneaky high BP
News	6:15am; 7:15am; 8:15am	1/14/25	Live	10 seconds	Carle Health says it's temporarily changing mask and visitor guidelines to prevent the spread of ... respiratory illnesses.
News	6:45am; 7:45am; 8:45am	1/14/25	Live	30 seconds	Carle Health says it's temporarily changing mask and visitor guidelines to prevent the spread of ... respiratory illnesses.
Health In A Heartbeat	11:50am	1/14/25	Recorded	2 minutes	Maple syrup > refined sugar
News	6:15am; 7:15am; 8:15am	1/15/25	Live	10 seconds	The Centers For Disease Control And Prevention says flu activity in the U.S. is high right now especially in the west... southeast and midwest.
News	6:45am; 7:45am; 8:45am	1/15/25	Live	30 seconds	The Centers For Disease Control And Prevention says flu activity in the U.S. is high right now especially in the west... southeast and midwest.
Health In A Heartbeat	11:50am	1/15/25	Recorded	2 minutes	Coworkers, friends can help you make good habits
News	6:15am; 7:15am; 8:15am	1/16/25	Live	10 seconds	The American Red Cross is asking you to donate blood... to keep supplies strong this winter.
Health In A Heartbeat	11:50am	1/16/25	Recorded	2 minutes	Music can change your memories
Health In A Heartbeat	11:50am	1/17/25	Recorded	2 minutes	A PSA that obesity is killing us
Health In A Heartbeat	11:50am	1/20/25	Recorded	2 minutes	What's behind those awful red wine headaches?
Health In A Heartbeat	11:50am	1/21/25	Recorded	2 minutes	Don't let germs spoil the fun of consignment shopping
News	6:15am; 7:15am; 8:15am	1/22/25	Live	10 seconds	An American Red Cross blood drive is scheduled at Eastern Illinois University's student union
News	6:15am; 7:15am; 8:15am	1/22/25	Live	10 seconds	Horizon Health announces that Doctor Darren Brucken is the new chief medical officer.

News	6:45am; 7:45am; 8:45am	1/22/25	Live	30 seconds	An American Red Cross blood drive is scheduled at Eastern Illinois University's student union on February 7th at noon.
News	6:45am; 7:45am; 8:45am	1/22/25	Live	30 seconds	Horizon Health announces that Doctor Darren Brucken is the new chief medical officer.
Health In A Heartbeat	11:50am	1/22/25	Recorded	2 minutes	Want to meet your goals this year? Fix your sleep first.
News	6:15am; 7:15am; 8:15am	1/23/25	Live	10 seconds	The Illinois Department of Public Health recently launched an online dashboard that tracks data on violent deaths and firearm injuries
News	6:15am; 7:15am; 8:15am	1/23/25	Live	10 seconds	Horizon Health is inviting people to take a free Heartsaver class on February 4th at its Education Center in Paris.
Health In A Heartbeat	11:50am	1/23/25	Recorded	2 minutes	If you spend most of your time alone, it's hard not to get lonely.
Health In A Heartbeat	11:50am	1/24/25	Recorded	2 minutes	Your actual step count goal should be: 8,000.
Health In A Heartbeat	11:50am	1/27/25	Recorded	2 minutes	The more you exercise, the more life you can live.
Health In A Heartbeat	11:50am	1/28/25	Recorded	2 minutes	Here are a few words your doctor shouldn't say.
News	6:15am; 7:15am; 8:15am	1/29/25	Live	10 seconds	Crawford County Memorial Hospital in Robinson is in the middle of a building project that will bring a new M.R.I. to the facility.
Health In A Heartbeat	11:50am	1/29/25	Recorded	2 minutes	Battle seasonal depression with yoga
Health In A Heartbeat	11:50am	1/30/25	Recorded	2 minutes	Pre-op aromatherapy helps patients soothe the jitters
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	The Champaign-Urbana Public Health District issued a warning to residents about a man pretending to be a public health official and going door-to-door in Champaign County.
News	6:15am; 7:15am; 8:15am	1/31/25	Live	10 seconds	Illinois democrats are reintroducing a bill they say could make some medications more affordable.
News	6:45am; 7:45am; 8:45am	1/31/25	Live	30 seconds	Capitol News Illinois reports the board would review high-cost drugs and determine whether they are affordable
Health In A Heartbeat	11:50am	1/31/25	Recorded	2 minutes	Our hair care products may do us no favors.
Health In A Heartbeat	11:50am	2/3/25	Recorded	2 minutes	ChairGPT and its ilk aren't close to replicating real patient-doctor interaction. Yet.
News	6:15am; 7:15am; 8:15am	2/4/25	Live	10 seconds	There is a blood drive Friday in the Eastern Illinois University student union starting at noon.
News	6:45am; 7:45am; 8:45am	2/4/25	Live	30 seconds	There is a blood drive Friday in the Eastern Illinois University student union starting at noon.
Health In A Heartbeat	11:50am	2/4/25	Recorded	2 minutes	Visceral fat can predict 20 years ahead whether one will likely get Alzheimer's.
News	6:15am; 7:15am; 8:15am	2/5/25	Live	10 seconds	State health officials are tracking an uptick in respiratory illness
News	6:45am; 7:45am; 8:45am	2/5/25	Live	30 seconds	State health officials are tracking an uptick in respiratory illness
Health In A Heartbeat	11:50am	2/5/25	Recorded	2 minutes	There are health benefits from drinking cups of coffee, but only one cup of tea.
News	6:15am; 7:15am; 8:15am	2/6/25	Live	10 seconds	The National Head Start Association says roughly 40 of its programs across 20 states ... don't have access to federal funding.
Health In A Heartbeat	11:50am	2/6/25	Recorded	2 minutes	Cooking methods affect air quality – and your health.
News	6:15am; 7:15am; 8:15am	2/7/25	Live	10 seconds	Sarah Bush Lincoln Health Center has launched a new "self scheduling service" available to the public.
News	6:45am; 7:45am; 8:45am	2/7/25	Live	30 seconds	Sarah Bush Lincoln Health Center has launched a new "self scheduling service" available to the public.
Health In A Heartbeat	11:50am	2/7/25	Recorded	2 minutes	Debunking and confirming Super Bowl health lore.
Health In A Heartbeat	11:50am	2/10/25	Recorded	2 minutes	Walking can help ease depression.
Health In A Heartbeat	11:50am	2/11/25	Recorded	2 minutes	Dark chocolate may lower Type 2 diabetes risk.
News	6:15am; 7:15am; 8:15am	2/12/25	Live	10 seconds	The Centers for Disease Control and Prevention estimates there's been at least 24 million illnesses ... 310-thousand hospitalizations ... and 13-thousand deaths.
News	6:45am; 7:45am; 8:45am	2/12/25	Recorded	2 minutes	The Centers for Disease Control and Prevention estimates there's been at least 24 million illnesses ... 310-thousand hospitalizations ... and 13-thousand deaths.
Health In A Heartbeat	11:50am	2/13/25	Recorded	2 minutes	With gifts, the thought really is what counts.
Health In A Heartbeat	11:50am	2/13/25	Recorded	2 minutes	Partners often share health woes.
Health In A Heartbeat	11:50am	2/14/25	Recorded	2 minutes	Doctors should prescribe exercise.
News	6:15am; 7:15am; 8:15am	2/17/25	Live	10 seconds	Methodist College in Peoria and Carle Health are partnering to launch an Academic Investment program this fall.
News	6:45am; 7:45am; 8:45am	2/17/25	Live	30 seconds	Methodist College in Peoria and Carle Health are partnering to launch an Academic Investment program this fall.
Health In A Heartbeat	11:50am	2/17/25	Recorded	2 minutes	Intermittent fasting may thin your hair, Chinese research says.
News	6:15am; 7:15am; 8:15am	2/18/25	Live	10 seconds	A hawk collected in Effingham tested positive for Avian flu ... also known as bird flu.

News	6:45am; 7:45am; 8:45am 11:50am	2/18/25	Live	30 seconds	A hawk collected in Effingham tested positive for Avian flu ... also known as bird flu.
Health In A Heartbeat	6:15am; 7:15am; 8:15am 11:50am	2/18/25	Recorded	2 minutes	New research finds 1 in 5 person worldwide has genital herpes. The Illinois Department of Public Health says they've posted 305 nursing home violation reports from the fourth quarter of last year on their website.
News	Health In A Heartbeat 11:50am	2/19/25	Live	10 seconds	Scrubbing yourself clean in hard-to-reach spots keeps the microbiome in balance.
Health In A Heartbeat	11:50am	2/19/25	Recorded	2 minutes	Flu virus can hide in raw milk.
Health In A Heartbeat	11:50am	2/20/25	Recorded	2 minutes	The tab for missed dental care is a hefty one.
Health In A Heartbeat	11:50am	2/21/25	Recorded	2 minutes	Do you really need that vitamin D supplement?
Health In A Heartbeat	11:50am	2/24/25	Recorded	2 minutes	Easy choice, right? Get a vaccination, avoid cancer later.
Health In A Heartbeat	11:50am	2/25/25	Recorded	2 minutes	Wildfire smoke may trigger increased heart/lung-related hospital visits.
Health In A Heartbeat	11:50am	2/26/25	Recorded	2 minutes	Red wine, in moderation, may be good for your heart. But the debate's not over.
Health In A Heartbeat	11:50am	2/27/25	Recorded	2 minutes	Governor JB Pritzker says he's erasing the medical debt for 170-thousand people ... statewide and the amount is about 13-hundred dollars per person.
News	6:15am; 7:15am; 8:15am 6:45am; 7:45am; 8:45am	2/28/25	Live	10 seconds	Governor JB Pritzker says he's erasing the medical debt for 170-thousand people ... statewide and the amount is about 13-hundred dollars per person.
News	Health In A Heartbeat 11:50am	2/28/25	Live	30 seconds	Tips for working out in the cold
Health In A Heartbeat	11:50am	2/28/25	Recorded	2 minutes	Breakfast is important, but so is how much and what you eat.
Health In A Heartbeat	11:50am	3/4/25	Recorded	2 minutes	This terrible-sounding stuff is actually good for you.
Health In A Heartbeat	11:50am	3/5/25	Recorded	2 minutes	Should we be drinking camel's milk?
News	6:15am; 7:15am; 8:15am	3/6/25	Live	10 seconds	Horizon Health is offering an eight-week grief support group for people who have lost a loved one and will meet Tuesdays, March 11 to April 29, from 2 to 3 pm.
News	6:15am; 7:15am; 8:15am	3/6/25	Live	10 seconds	During Colorectal Cancer Awareness Month in March, HSHS St. Anthony's Memorial Hospital wants to put community members at ease by giving away at-home screening tests.
News	6:45am; 7:45am; 8:45am 11:50am	3/6/25	Live	30 seconds	Horizon Health is offering an eight-week grief support group for people who have lost a loved one and will meet Tuesdays, March 11 to April 29, from 2 to 3 pm.
Health In A Heartbeat	11:50am	3/6/25	Recorded	2 minutes	Higher education and having a longer life are still linked.
Health In A Heartbeat	11:50am	3/7/25	Recorded	2 minutes	Might not hurt women to consume more dairy to ward off colorectal cancer.
News	6:15am; 7:15am; 8:15am	3/10/25	Live	10 seconds	Horizon Health is offering an eight-week grief support group for people who have lost a loved one meeting on Tuesdays, March 11 to April 29, from 2 to 3 pm at the Horizon Health main campus in Paris.
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Health In A Heartbeat	11:50am	3/10/25	Recorded	2 minutes	As Baby Boomers age, so does a wave of new dementia cases
News	6:15am; 7:15am; 8:15am	3/11/25	Live	10 seconds	The University of Illinois recently announced the Carle Illinois College of Medicine received full accreditation from the Liaison Committee on Medical Education.
Health In A Heartbeat	11:50am	3/11/25	Recorded	2 minutes	Elderberry juice may kick-start your metabolism
News	6:15am; 7:15am; 8:15am	3/12/25	Live	10 seconds	Workers are building a new medical office pavilion at Sarah Bush Lincoln in Vandalia
News	6:45am; 7:45am; 8:45am	3/12/25	Live	30 seconds	Workers are building a new medical office pavilion at Sarah Bush Lincoln in Vandalia
Health In A Heartbeat	11:50am	3/12/25	Recorded	2 minutes	What are you really getting from that energy bar?
Health In A Heartbeat	11:50am	3/13/25	Recorded	2 minutes	The ads for food we see during sportscasts are horrible for us: sugar, fat, salt
News	6:15am; 7:15am; 8:15am	3/14/25	Recorded	2 minutes	New Australian research says it takes much longer than previously believed for us to truly build a habit.
Health In A Heartbeat	11:50am	3/17/25	Recorded	2 minutes	Our ability to exercise is apparently tied to our mental outlook.
Health In A Heartbeat	11:50am	3/18/25	Recorded	2 minutes	Wear your hearing aids to ward off dementia.
Health In A Heartbeat	11:50am	3/19/25	Live	10 seconds	HSHS St. Anthony's Memorial Hospital announced that renovation started last week on a new Center for Pediatric Therapy that will be located at 904 Medical Park Drive in Effingham.
News	6:15am; 7:15am; 8:15am	3/19/25	Live	10 seconds	Sarah Bush Lincoln Mammography Services will once again have their mobile mammography van on campus on Thursday, April 17 at 9 a.m., located in the drive between the Alumni Clock Tower and Lumpkin Hall/Library Quad.
News	6:15am; 7:15am; 8:15am	3/19/25	Live	10 seconds	

News	6:15am; 7:15am; 8:15am	3/19/25	Live	10 seconds	There will be a stress management discussion in Taylor Hall on ELU's campus on March 31st from 5 to 6 in the evening.
News	6:45am; 7:45am; 8:45am	3/19/25	Live	30 seconds	HSHS St. Anthony's Memorial Hospital announced that renovation started last week on a new Center for Pediatric Therapy that will be located at 904 Medical Park Drive in Eltingham.
News	6:45am; 7:45am; 8:45am	3/19/25	Live	30 seconds	Sarah Bush Lincoln Mammography Services will once again have their mobile mammography van on campus on Thursday, April 17 at 9 a.m., located in the drive between the Alumni Clock Tower and Lumpkin Hall/Library Quad.
Health In A Heartbeat	11:50am	3/19/25	Recorded	2 minutes	An incredibly nutritious baked snack. Created by scientists.
News	6:15am; 7:15am; 8:15am	3/20/25	Live	10 seconds	Sarah Bush Lincoln Health Center has announced that construction to replace the flooring in the Emergency Department will begin on Monday, March 24th.
News	6:45am; 7:45am; 8:45am	3/20/25	Live	30 seconds	Sarah Bush Lincoln Health Center has announced that construction to replace the flooring in the Emergency Department will begin on Monday, March 24th.
Health In A Heartbeat	11:50am	3/20/25	Recorded	2 minutes	Early pregnancy stress can affect offspring for years to come, macaques study shows.
News	6:15am; 7:15am; 8:15am	3/21/25	Live	10 seconds	Leaders at Eastern Illinois University and Horizon Health are proud to announce a new Corporate Education Benefit partnership.
News	6:15am; 7:15am; 8:15am	3/21/25	Live	10 seconds	Leaders at Eastern Illinois University and Horizon Health are proud to announce a new Corporate Education Benefit partnership.
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Health In A Heartbeat	11:50am	3/21/25	Recorded	2 minutes	MealPlot: a new app that helps you build your diet around protein
News	6:15am; 7:15am; 8:15am	3/24/25	Live	10 seconds	Sarah Bush Lincoln Health Center has announced that construction to replace the flooring in the Emergency Department will begin on Monday, March 24th.
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Health In A Heartbeat	11:50am	3/24/25	Recorded	2 minutes	Ever controversial red dye No. 3 is finally going away
News	6:15am; 7:15am; 8:15am	3/25/25	Live	10 seconds	St. Anthony's Memorial Hospital says ... work started March 10th on a new Center for Pediatric Therapy.
News	6:45am; 7:45am; 8:45am	3/25/25	Live	30 seconds	St. Anthony's Memorial Hospital says ... work started March 10th on a new Center for Pediatric Therapy.
News	6:45am; 7:45am; 8:45am	3/25/25	Recorded	2 minutes	The sauna is about more than just sweating. Here's why it's good for you.
Health In A Heartbeat	11:50am	3/25/25	Recorded	2 minutes	Horizon health is inviting the public to a twilight walk in recognition of National Nurses Week on Wednesday May 7 ... at the Horizon Health main campus in Paris.
News	6:15am; 7:15am; 8:15am	3/26/25	Live	10 seconds	Horizon health is inviting the public to a twilight walk in recognition of National Nurses Week on Wednesday May 7 ... at the Horizon Health main campus in Paris.
News	6:45am; 7:45am; 8:45am	3/26/25	Live	30 seconds	Social activities may delay cognitive impairment in older adults.
Health In A Heartbeat	11:50am	3/26/25	Recorded	2 minutes	The sounds of traffic easily ruin the effects of calming nature sounds on our stress levels.
Health In A Heartbeat	11:50am	3/27/25	Recorded	2 minutes	Americans leave way too much unused vacation on the table. Here's why that's a bad idea.
Health In A Heartbeat	11:50am	3/28/25	Recorded	2 minutes	Illinois is losing more than 400-million-dollars in federal funding for health services, according to Capitol News Illinois.
News	6:15am; 7:15am; 8:15am	3/31/25	Live	10 seconds	Many of us spend those hours on Zoom transfixed – and dismayed – by our own appearance.
Health In A Heartbeat	11:50am	3/31/25	Recorded	2 minutes	Interview with ELU Trio officials on Mission, mental health, student support services and more, including finance, and academic assistance.
Issues/Attitudes	12n	1/27/25	Live	30 Minutes	Tyler Yoder and Ryan Malone from Emerald Acres were guests on all the athletic and civic events being held at Mattoon's new sports facility.
Issues/Attitudes	12n	3/10/25	live	30 Minutes	Interview with CSAA of ECI on Child abuse victims and rights. Court issues, mental health etc.
Issues/Attitudes	12n	3/24/25	live	30 Minutes	